

Mannen Masters.

100 meter.

1 Lennert Elands M35	2014	12.53
2 Dirk Cornelissen M35	2013	14.26

1 Friedel Horndt M40	2006	12.61
2 Co v.d. Bogert M40	1997	12.74
3 Wim Smit M40	2002	13.06
4 Rob Keulers M40	2008	13.29
5 Fons Ham M40	1996	13.54
6 Frans van Mil M40	1995	13.84
7 Bas Mols M40	2014	13.98

1 Wim Smit M45	2007	12.82
2 Friedl Horndt M45	2012	12.82
3 Wim Sangen M45	1995	13.00
4 John Linden M45	1997	13.38
5 John Schoeters M45	2013	15.76

1 John Linden M50	1999	13.08
2 Wim Sangen M50	1996	13.32
3 Hugo Kusters M50	2014	13.49
4 Wim Smit M50	2012	13.55
5 Paul Crutzen M50	2014	13.87
6 Jo van Hoof M50	2000	14.86

1. Glenn Gentle M55	2008	12.81
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1. Glenn Gentle M60	2012	13.65
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200 meter.

1 Maurice Meijers M35	2009	28.43
2 Richard Vulkers M35	2007	31.83
3 Maurice Bouwens M35	2008	32.84
4 Maurice Ruwette M35	2008	37.14

1 Friedel Horndt M40	2006	25.91
2 Wim Smit M40	2002	26.30
3 Ron Jacobs M40	2006	26.41
4 Co v.d. Bogert M40	1999	26.59
5 Fons Ham M40	1995	26.98
6 Achim Muller M40	2006	27.29
7 Rob Keulers M40	2009	27.29
8 Fred Kroon M40	1999	27.82
9 Co v.d. Bogert M40	2001	27.83
10 Ivo Vermeeren M40	2009	28.07
11 John Vleugels M40	2002	28.27
12 Marc Schwarz M40	2005	28.54
13 Bas Mols M40	2013	28.63
14 Maurice Quaedvlieg M40	2007	28.70

3 Frans van Mil M40	1996	59.68
4 Bas Mols M40	2014	1.01.36
1 Hugo Kusters M45	2012	59.47
2 Giel Beugels M45	1999	1.03.96
3 Frans van Mil M45	1999	1.04.94
1 Hugo Kusters M50	2014	59.24
2 Wim Smit M50	2009	59.70
3 John Linden M50	1999	1.02.00
1 Jef Waltmans M55	1996	1.12.69
1 Hans Smeets M60	2007	1.03.18
2 Arno Last M60	2003	1.10.92
1 Hans Smeets M65	2014	1.05.40

800 meter.

1 Fons Ham M40	1994	2.07.92
2 Wim Westera M40	1999	2.13.73
3 Co v.d. Bogert M40	1997	2.15.97
4 Frans van Mil M40	1995	2.17.16
5 Maurice Quaedvlieg M40	2007	2.19.11
6 Ron Jacobs M40	2006	2.20.48
7 Giel Beugels M40	1999	2.23.17
8 Fred Kroon M40	2000	2.24.33
9 Ton Leenders M40	2006	2.24.58
10 Stan Meuffels M40	1993	2.28.10
11 Rob Keulers M40	2009	2.33.26
12 Jan Beckers M40	1993	2.37.00
13 Wim Smit M40	2000	2.37.91
1 Wim Westera M45	1999	2.13.73
2 Marcel de Veen M45	2005	2.17.74
3 Hugo Kusters M45	2012	2.20.23
4 Giel Beugels M45	1999	2.23.17
5 Rombout Senden M45	2014	2.24.68
6 Jan Beckers M45	1995	2.26.88
7 Harry Kamphuis M45	2011	2.30.41
8 Friedel Horndt M45	2009	2.42.92
1 Giel Beugels M50	2000	2.25.17
2 John Linden M50	2000	2.29.87
3 Wim Smit M50	2009	2.30.01
4 John Linden M50	1999	2.32.93
5 Jef Waltmans M50	1995	2.41.48
6 Fred Kroon M50	2009	2.52.65
1 Hans Smeets M55	2005	2.23.23

2 Arno Last M55	1997	2.23.63
3 Jef Waltmans M55	1995	2.41.48

1 Hans Smeets M60	2007	2.16.09
2 Arno Last M60	2003	2.42.26

1 Hans Smeets M65	2012	2.18.17
2 Arno Last M65	2005	2.45.49

1000 meter.

1 Fons Ham M40	1994	2.45.74
2 Wim Smit M40	2001	3.13.70
3 Jan Beckers M40	1994	3.15.95

1 Willem Westera M45	1999	2.51.61
2 Jan Beckers M45	1995	3.08.21
3 Co v.d. Bogert M45	2001	3.10.30
4 Fred Kroon M45	2003	3.17.28

1 Hugo Kusters M50	2014	3.07.15
2 John Linden M50	1999	3.13.81
3 Jef Waltmans M50	1994	3.27.76
4 Jan Beckers M50	2001	3.30.30

1 Arno Last M55	1995	3.05.75
2 Jan Muyrers M55	2003	3.26.98

1 Hans Smeets M60	2009	3.02.40
2 Arno Last M60	2001	3.19.50

1 Hans Smeets M65	2014	3.00.07
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1500 meter.

1 Harry Kamphuis M35	1999	4.15.38
2 Bert Vos M35	1976	4.20.30
3 Martin Claassen M35	1981	4.26.30

1 Wim Westera M40	1994	4.19.50
2 Fons Ham M40	1995	4.27.74
3 Fred Kroon M40	1996	4.39.13
4 Co v.d. Bogert M40	1997	4.39.64
5 Harry Driessen M40	1999	4.45.50
6 Guus Stauvermann M40	1997	4.55.92
7 Frans van Mil M40	1995	4.57.80

1 Arno Weelen M45	1996	4.36.80
2 Marcel de Veen M45	2005	4.38.44
3 Guus Stauvermann M45	1999	4.48.39
4 Jan Beckers M45	1995	4.55.35
5 Maurice Quaedvlieg M45	2011	5.00.61

6 Jan Beckers M45	1996	5.03.50
7 Fred Kroon M45	2002	5.15.88
8 Jo Janssen M45	2003	5.51.15
9 Wim Smit M45	2007	5.51.61

1 Arno Last M50	1994	4.58.54
2 Harry Kamphuis M50	2012	5.05.12
3 Jef Waltmans M50	1995	5.32.08
4 Fred Kroon M50	2007	5.33.52
5 Wim Smit M50	2008	5.43.26

1 Arno Last M55	1997	4.49.02
2 Hans Smeets M55	2006	4.49.43
3 Ad van Kempen M55	2009	5.12.69

1 Hans Smeets M60	2007	4.37.75
2 Arno Last M60	2000	5.09.04
3 Glenn Gentle M60	2012	5.31.91

1 Hans Smeets M65	2014	4.44.23
2 Arno Last M65	2005	5.50.94

1 Engelse Mijl.

1 Fons Ham M40	1994	4.45.80
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1 Hans Smeets M65	2014	5.13.30
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3000 meter.

1 Martin Claassen M35	1981	8.59.90
2 Bert Vos M35	1979	9.04.90
3 Harry Kamphuis M35	1999	9.07.62
4 Jan Schneider M35	2014	9.50.50
5 John Reijnen M35	2009	9.54.97
6 Stan Meuffels M35	1993	10.01.00
7 Fred Kroon M35	1995	10.10.31
8 Stefan van Neerven M35	2014	10.57.80

1 Bert Vos M40	1981	9.21.00
2 Wim Westera M40	1994	9.41.37
3 Harry Kamphuis M40	2002	9.42.48
4 Fons Ham M40	1994	9.42.85
5 Theo Timmermans M40	1994	9.57.40
6 Maurice Quaedvlieg M40	2006	9.58.98
7 Stan Meuffels M40	1996	10.00.10
8 Fred Kroon M40	1997	10.01.39
9 Wim Westera M40	2001	10.11.12
10 Wil Jung M40	2002	10.12.75
11 Ton Deumens M40	1993	10.14.13
12 John Reijnen M40	2012	10.17.54
13 Maurice Ruwette M40	2012	10.17.58

15 Jan Beckers M50	2000	11.37.03
16 Hans Meyer M50	2008	11.44.40
17 Gerard Den Ouden M50	1994	11.46.03
18 Wim Sangen M50	1997	11.49.37
19 Klaus Krolzig M50	2011	11.49.85
20 Wil Jung M50	2010	11.56.30
21 Hugo Kusters M50	2014	11.57.40
22 Jo Vodeb M50	1997	11.58.12
23 Arno Weelen M50	2004	11.59.90
24 Rolf Bunger M50	2014	12.09.70
25 Maarten van den Enden M50	2013	12.48.68
26 John Paulssen M50	2014	13.24.10
27 Theo Schroijen M50	2013	13.43.95
28 Frenk Raaijmakers M50	2013	13.46.70
29 Jack Zautsen M50	2013	15.06.89

1 Sjef Senden M55 1987 9.57.10

2 Hans Smeets M55	2004	10.05.34
3 Arno Last M55	1996	10.23.30
4 Harry Driessen M55	2012	10.44.88
5 Francesco Frankhuizen M55	2012	10.56.41
6 Ad van Kempen M55	2009	11.17.81
7 Jan Muyrers M55	2004	11.21.04
8 Martin Claassen M55	2003	11.36.13
9 Sjef Waltmans M55	1997	11.49.26
10 Sjef Schwanen M55	2002	12.16.18
11 Wim Sangen M55	2002	12.38.08
12 Co van den Bogert M55	2014	12.59.40
13 Hans Meijer M55	2014	13.19.90
14 Jo Vodeb M55	2003	13.27.91
15 Cor Vaessen M55	2003	13.37.08
16 Henk Thielens M55	2013	14.17.18
17 Fred Kroon M55	2014	14.25.60

1 Hans Smeets M60 2008 10.07.51

2 Sjef Senden M60	1994	11.15.60
3 Arno Last M60	2000	11.26.61
4 Jan Muyrers M60	2006	11.38.88
5 Ad van Kempen M60	2014	12.14.80
6 Gerard van den Boom M60	2014	14.54.40
7 Jef Kusters M60	2013	14.57.00

1 Hans Smeets M65 2014 10.22.00

2 Jan Mujrers M65	2012	12.30.60
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1 Harry Verstegen M70 2013 14.56.88

5000 meter baan

1 Bert Vos M35 1979 15.27.10
2 Harry Kamphuis M35 1998 15.55.13

3	Martin Claassen M35	1981	16.00.10
4	John Reijnen M35	2005	16.29.45
5	Evert Gielen M35	2010	16.30.27
6	Stan Meuffels M35	1993	17.20.12
7	Jo Kuypers M35	1972	17.30.18
8	Fred Kroon M35	1995	17.35.38
9	Maurice Ruwette M35	2008	18.42.05

1	Bert Vos M40	1981	15.56.00
2	Harry Driessen M40	1998	16.33.80
3	Marcel de Veen M40	2000	16.52.81
4	Martin Claassen M40	1988	17.02.50
5	Fons Ham M40	1994	17.09.28
6	Maurice Quaedvlieg M40	2006	17.09.78
7	Wim Westera M40	1994	17.12.34
8	Stan Meuffels M40	1995	17.16.28
9	Jo Kuypers M40	1978	17.25.00
10	Theo Timmermans M40	1996	17.38.98
11	Fred Kroon M40	1997	17.48.68
12	John Wentink M40	1994	17.50.96
13	Maurice Ruwette M40	2011	17.59.34
14	Arno Weelen M40	1994	18.04.73
15	Co v.d. Bogert M40	1997	18.26.60
16	Roland Ettema M40	2012	18.39.39
17	Jan Beckers M40	1994	18.48.41
18	Ivo Vermeulen M40	2012	18.57.01
19	Stan Meuffels M40	1998	19.04.40
20	Rene Aukens M40	2005	19.06.38
21	Arno Last M40	1994	19.17.68
22	Ron Jacobs M40	2006	19.18.95

1	Bert Vos M45	1986	17.00.50
2	Sjef Senden M45	1981	17.02.80
3	Arno Weelen M45	1995	17.12.62
4	Bert Vanwersch M45	2014	17.20.46
5	Harry Driessen M45	2005	17.31.42
6	Harrie Kamphuis M45	2009	17.47.03
7	Maurice Quaedvlieg M45	2011	17.59.34
8	Karel Trags M45	1994	18.10.39
9	Jan Beckers M45	1995	18.22.45
10	Toon Hanssen M45	1994	18.26.65
11	Arno Last M45	1986	18.35.00
12	John Wentink M45	1999	18.41.33
13	Guus Stauermann M45	1999	18.41.74
14	Co v.d.Bogert M45	2004	19.04.47
15	Jo Knuth M45	1995	19.07.28
16	Sjef Waltmans M45	1986	19.18.65
17	John Quadflieg M45	1994	19.25.42
18	Hans Meijer M45	2006	19.34.84
19	Wim Sangen M45	1995	20.17.42

20 Fred Kroon M45 2005 20.47.94

1 Sjef Senden M50 1982 16.42.90

2 Ton Deumens M50 1993 17.22.50
3 Hans Smeets M50 1999 17.47.00
4 Harry Kamphuis M50 2012 17.57.09
5 Harry Driessen M50 2008 18.07.24
6 Arno Last M50 1992 18.39.90
7 Martin Claasen M50 1998 18.41.69
8 Bert Vos M50 1992 18.46.12
9 Jef Waltmans M50 1991 18.59.90
10 Jo Knuth M50 1997 19.09.34
11 Jan Beckers M50 2000 19.46.76
12 Jef Waltmans M50 1994 19.50.35
13 Ad van Kempen M50 2008 19.53.21
14 Wil Jung M50 2010 20.12.38
15 Wim Sangen M50 1997 20.24.50
16 Gerard Den Ouden M50 1994 20.24.51
17 Jo Vodeb M50 1998 20.48.70
18 Sjef Schwanen M50 1998 22.25.00
19 Frenk Raaymakers M50 2010 22.37.78
20 Hans Meyer M50 2010 22.38.47

1 Sjef Senden M55 1987 17.13.70

2 Hans Smeets M55 2005 17.31.59
3 Ton Deumens M55 1996 17.42.51
4 Arno Last M55 1996 18.33.80
5 Harrie Driessen M55 2013 18.44.60
6 Harrie Kamphuis M55 2014 19.47.55
7 Jef Waltmans M55 1998 20.26.20
8 Jan Beckers M55 2005 20.58.46
9 Wim Sangen M55 2004 21.29.24
10 Bert Vos M55 1997 22.16.30
11 Cor Vaessen M55 2006 22.19.46

1 Hans Smeets M60 2007 17.37.13

2 Jan Muyrers M60 2007 19.38.95
3 Sjef Senden M60 1994 19.41.89
4 Arno Last M60 2003 20.18.54
5 Cor Vaessen 2009 23.04.04

1 Hans Smeets M65 2014 18.15.62

2 Sjef Senden M65 1999 21.33.61
3 Arno Last M65 2007 22.45.28

10.000 meter Baan.

1 Karel Finders M35 1992 31.41.72

2 Martin Claassen M35 1981 32.36.50
3 Bert Vos M35 1975 33.13.80
4 Harry Kamphuis M35 2001 34.08.73

5 Wil Jung M35	1996	36.22.40
6 Arno Last M35	1979	37.28.70

1 Bert Vos M40	1981	33.26.80
2 Jo Kuypers M40	1978	35.49.70
3 Fons Ham M40	1994	35.59.00
4 John Wentink M40	1994	36.37.00
5 Arno Last M40	1981	36.49.70
6 Fred Kroon M40	1996	36.54.70
7 John Reynen M40	2012	37.17.00
8 Wim Wolfs M40	1995	38.35.30
9 Co v.d. Bogert M40	1998	38.38.00
10 Jan Beckers M40	1994	38.45.00
11 Ivo Vermeeren M40	2012	39.31.00
12 Rene Aukens M40	2005	39.56.81
13 Hans v.d. Ploeg M40	1996	40.02.40
14 Huub Schmits M40	1998	40.28.29
15 Ger Rompelberg M40	1998	41.39.14

1 Sjef Senden M45	1981	34.42.60
2 Bert Vos M45	1986	35.49.00
3 Jo Kuypers M45	1979	37.04.20
4 Karel Trags M45	1994	38.37.30
5 Jan Beckers M45	1995	39.11.10
6 Co v.d. Bogert M45	2003	39.41.40
7 Fred Kroon M45	2003	40.46.76
8 Ger Rompelberg M45	1997	41.00.56
9 Wim Sangen M45	1994	41.36.10
10 Jo Knuth M45	1996	41.36.20
11 Hans Meijer M45	2005	42.46.25
12 Theo Dirven M45	1997	42.56.00

1 Sjef Senden M50	1982	34.45.60
2 Ton Deumens M50	1992	35.51.33
3 Hans Smeets M50	1999	37.46.04
4 Karry Kamphuis M50	2012	38.33.00
5 Arno Last M50	1994	39.12.20
6 Jo Knuth M50	1997	39.14.41
7 Martin Claassen M50	1997	40.26.15
8 Wim Sangen M50	1996	41.53.80
9 Sjef Waltmans M50	1993	42.43.08
10 Sjef Schwanen M50	1999	43.04.18
11 Jo Vodeb M50	1997	43.12.28
12 Jan Beckers M50	2003	44.28.53
13 Hans Meyers M50	2012	46.37.00

1 Sjef Senden M55	1987	36.14.00
2 Hans Smeets M55	2004	38.30.00
3 Arno Last M55	1996	38.33.87
4 Jan Beckers M55	2005	43.46.07

5 Bert Vos M55	1996	46.56.20
6 Fred Kroon M55	2012	51.07.00

1. Hans Smeets M60	2010	38.33.68
2. Sjef Senden M60	1992	39.11.03
3. Arno Last M60	2001	41.46.00

10 Km. weg.

1 Harry Kamphuis M35	1999	32.32
2 Bert Vos M35	1975	33.34
3 John Reijnen M35	2007	34.06
4 Maurice Ruwette M35	2009	37.55
5 Frank Nijholt M35	2006	39.45
6 Richard Vulkers M35	2007	41.11
7 Co v.d. Bogert M35	1995	43.46

1 Harry Driessen M40	1998	33.56
2 Bert Vos M40	1984	34.30
3 Harry Driessen M40	2000	34.50
4 Bert Vanwersch M40	2010	34.52
5 John Reijnen M40	2010	35.36
6 John Vleugels M40	2002	35.53
7 Wil Jung M40	2002	36.04
8 Fons Ham M40	1994	36.07
9 Fred Kroon M40	1997	36.32
10 Theo Timmermans M40	1995	36.40
11 Stan Meuffels M40	1995	36.50
12 Maurice Ruwette M40	2012	36.59
13 Jo Haan M40	1999	37.15
14 Maurice Quaedvlieg M40	2006	37.21
15 Ivo Vermeeren M40	2009	37.24
16 Stan Meuffels M40	1994	37.57
17 Co v.d. Bogert M40	2000	38.13
18 Ronald Ettema M40	2012	38.29
19 Ton Leenders M40	2005	38.51
20 Wim Wolfs M40	1995	39.23
21 Guus Stauvermann M40	1997	39.23
22 Marc Dorscheidt M40	2005	40.39
23 Patrick Verbruggen M40	2013	45.51
24 Richard Vulkers M40	2013	47.30
25 Maurice Meyers M40	2013	47.54

1 Bert Vanwersch M45	2011	34.35
2 Marcel de Veen M45	2004	35.09
3 Harry Driessen M45	2004	35.36
4 Wim Westera M45	1999	35.56
5 Toon Hanssen M45	1994	36.35
6 Wil Jung M45	2004	36.43
7 Arno Weelen M45	1998	36.44
8 Harry Kamphuis M45	2008	36.45

1 Hans Smeets M55	2002	35.33
2 Ton Deumens M55	1995	36.32
3 Francesco Frankhuizen55	2012	39.19
4 Harry Driessen M55	2012	39.30
5 Arno Last M55	1995	40.10
6 Jan Muyrers M55	2002	40.25
7 Ad van Kempen M55	2012	41.28
8 Sjef Waltmans M55	1998	41.58
9 Martin Claassen M55	2003	41.59
10 Sjef Schwanen M55	2002	42.32
11 Wil Palmans M55	1997	42.37
12 Harry Janssen M55	2006	42.47
13 Wim Sangen M55	2002	42.54
14 Jan Beckers M55	2005	42.58
15 Wim Wolfs M55	2006	44.29
16 Bert Vos M55	1990	44.53
17 Hans Meijer M55	2014	44.56
18 Co v.d. Bogert M55	2011	44.57
19 Henk Thielens M55	2013	45.12
20 Wil Jung M55	2014	46.01
21 Fred Kroon M55	2014	57.57

1 Hans Smeets M60	2007	36.54
2 Sjef Senden M60	1995	42.05
3 Arno Last M60	2001	43.10
4 Ad van Kempen M60	2014	43.12
5 Martin Claassen M60	2005	43.43
6 Jan Muyrers M60	2007	45.07
7 Harry Verstegen M60	2002	46.16
8 Cor Vaessen M60	2007	47.03
9 Jef Waltmans M60	2003	48.32
10 Leo Deby M60	2006	48.34
11 Nico Bonfrere M60	2013	55.35
12 Wiel Pelzer M60	2013	56.11
13 Wim Herberichs M60	2013	1.16.25

1 Hans Smeets M65	2013	39.09
2 Jan Muyrers M65	2011	43.18
3 Jo Kuypers M65	2001	49.53
4 Cor Vaessen M65	2014	53.30

15 km Weg.

1 Bert Vos M35	1975	50.21
2 Harry Kamphuis M35	2000	52.01
3 Marrtin Claassen M35	1981	55.48
4 Jo Kuypers M35	1974	54.47
5 Maurice Ruwette M35	2010	59.55
6 Arno Last M35	1979	60.00
7 Leo Debij M35	1981	1.00.10
8 John Reijnen M35	2013	1.03.27

1 Bert Vos M40	1980	51.25
2 Leo Franssen M40	1989	52.51
3 Harry Driessen M40	1997	52.55
4 Martin Claassen M40	1988	54.40
5 John Reynen M40	2011	54.46
6 Bert Vanwersch M40	2010	54.55
7 Jo Kuypers M40	1978	55.21
8 Jo Haan M40	1999	56.16
9 Maurice Quaedvlieg M40	2007	56.20
10 Fred Kroon M40	1997	57.04
11 Wil Jung M40	2000	58.07
12 Theo Timmermans M40	1998	59.18
13 Ivo Vermeeren M40	2010	1.00.14
14 Maurice Ruwette M40	2014	1.02.49

1 Bert Vanwersch M45	2011	52.28
2 Bert Vos M45	1984	53.17
3 Maurice Quaedvlieg M45	2010	55.36
4 Arno Weelen M45	1995	56.39
5 Harry Kamphuis M45	2009	59.31
6 Arno Last M45	1986	1.00.15
7 Klaus Krolzig M45	2008	1.00.33
8 Fred Kroon M45	2001	1.02.58
9 Sjef Waltmans M45	1986	1.04.07
10 Matthieu Houben M45	2014	1.05.42
11 Nathal van der Meulen M45	2013	1.14.02
12 John Schoeters M45	2014	1.20.39

1 Sjef Senden M50	1982	51.22
2 Ton Deumens M50	1991	55.00
3 Marcel de Veen M50	2007	55.59
4 Hans Smeets M50	2001	56.54
5 Bert Vos M50	1989	56.55
6 Martin Claassen M50	1998	59.25
7 Jo Knuth M50	1997	59.44
8 Harrie Driessen M50	2009	1.00.27
9 Ad van Kempen M50	2008	1.01.21
10 Jan Beckers M50	2000	1.01.33
11 Hub Fox M50	1995	1.01.59
12 Klaus Krolzig M50	2011	1.04.02
13 Ralf Bunger M50	2011	1.05.37

1 Sjef Senden M55	1988	53.42
2 Hans Smeets M55	2004	55.29
3 Ton Deumens M55	1995	56.07
4 Ad van Kempen M55	2010	58.17
6 Francesco Frankhuizen55	2012	1.00.55
7 Harry Driessen M55	2012	1.02.43
8 Henk Thielens	2013	1.17.11

1 Jan Muyrers M60	2006	1.02.02
2 Jo Kuypers M60	1995	1.07.28
3 Ad van kempen M60	2014	1.17.04

1 Jan Muyrers M65	2011	1.06.59
2 Martin Claassen M65	2010	1.09.56
3 Sjef Senden M65	1999	1.09.57
4 Hans Smeets M65	2013	1.12.23

10 Engelse Mijl. Weg.

1 Bert Vos M35	1975	54.05
2 Harry Kamphuis M35	2001	54.33
3 John Reynen M35	2006	59.04
4 Maurice Ruwette M35	2009	1.02.26
5 Achim Muller M35	2006	1.04.47
6 Maurice Kohlen M35	2007	1.11.32
7 Frank Nijholt M35	2009	1.12.07
8 Lex Quadvlieg M35	2006	1.14.31
9 Kosrat Hadi Dauwed M35	2014	1.14.46
10 Richard Vulkers M35	2007	1.15.40

1 Bert Vos M40	1980	55.13
2 Harry Driessen M40	2000	56.02
3 Marcel de Veen M40	2000	57.15
4 Bert Vanwersch M40	2012	57.30
5 Maurice Quaedvlieg M40	2006	59.03
6 Theo Timmermans M40	1994	59.49
7 John Vleugels M40	2001	1.00.31
8 Ton Leenders M40	2005	1.01.04
9 Co v.d. Bogert M40	2000	1.01.22
10 Wil Jung M40	2004	1.01.37
11 Stan Meuffels M40	1995	1.01.41
12 Fred Kroon M40	1997	1.01.44
13 Jo Haan M40	2000	1.01.59
14 John Reijnen M40	2013	1.03.27
15 Marc Dorscheidt M40	2005	1.04.39
16 Guus Stauvermann M40	1998	1.05.36
17 Maurice Ruwette M40	2014	1.06.36
18 Jan Beckers M40	1994	1.07.02
19 Hans v.d.Ploeg M40	1996	1.08.07
20 Hans Meyer M40	2005	1.08.59
21 Ger Rompelberg M40	1998	1.09.13
22 Frank Nijholt M40	2010	1.09.42
23 Rene Aukens M40	2005	1.09.51
24 Richard Vulkers M40	2013	1.18.19

1 Sjef Senden M45	1981	56.46
2 Marcel de Veen M45	2006	56.54
3 Bert Van wersch M45	2012	57.30

4	Harry Driessen M45	2003	58.23
5	Maurice Quaedvlieg M45	2006	59.03
6	Arno Weelen M45	1997	59.43
7	Bert Vos M45	1987	1.00.54
8	Harry Kamphuis M45	2009	1.00.54
9	Jo Heyenrath M45	2005	1.00.54
10	Ton Deumens M45	1996	1.02.19
11	Guus Stauvermann M45	1999	1.03.41
12	Arno Last M45	1989	1.04.06
13	Karel Trags M45	1994	1.04.26
14	Jan Beckers M45	1995	1.04.37
15	Co v.d. Bogert M45	2006	1.05.39
16	Theo Timmermans M45	2001	1.06.17
17	Sjef Waltmans M45	1989	1.06.18
18	Maurice Quaedvlieg M45	2012	1.06.55
19	Wim Sangen M45	1994	1.08.29
20	Wim Wolfs M45	2000	1.08.54
21	Maurice Kohlen M45	2011	1.09.13
22	Jo Knuth M45	1996	1.09.42
23	Hans Meyer M45	2006	1.10.11
24	Fred Kroon M45	2005	1.10.59
25	John Vreuls M45	2014	1.14.36
26	Frank Nijholt M45	2014	1.14.41
27	Ruud de Vries M45	2013	1.18.56
28			

1	Marcel de Veen M50	2007	57.23
2	Sjef Senden M50	1982	58.21
3	Harry Driessen M50	2008	1.00.31
4	Ton Deumens M50	1992	1.00.03
5	Martin Claassen M50	1998	1.03.59
6	Harry Kamphuis M50	2012	1.04.42
7	Wil Palmans M50	1994	1.04.56
8	Hans Smeets M50	2001	1.05.34
9	Arno Last M50	1990	1.06.01
10	Jef Waltmans M50	1990	1.06.14
11	Arno Weelen M50	2004	1.06.25
12	John Quaedvlieg M50	1995	1.07.13
13	Bert Vos M50	1992	1.07.18
14	Jo Knuth M50	1998	1.07.21
15	Jan Beckers M50	2000	1.07.52
16	Wim Sangen M50	1998	1.08.16
17	Guus Stauvermann M50	2003	1.08.20
18	Hub Fox M50	1995	1.08.22
19	Ad van Kempen M50	2008	1.08.37
20	Harry Kamphuis M50	2014	1.10.33
21	Paul Eymael M50	2013	1.12.52
22	Theo Schroijen M50	2014	1.20.52

1	Sjef Senden M55	1987	56.56
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2 Ton Deumens M55	1994	1.00.36
3 Hans Smeets M55	1997	1.03.14
4 Arno Last M55	1995	1.06.54
5 Ad van Kempen M55	2012	1.06.57
6 Martin Claassen M55	2000	1.07.12
7 Harry Driessen M55	2013	1.08.15
8 Jan Muyrers M55	2006	1.08.19
9 Ad van Kempen M55	2013	1.09.26
10 Jan Beckers M55	2002	1.09.42
11 Sjef Schwanen M55	2001	1.11.12
12 Jo Kuypers M55	1993	1.11.30
13 Jef Waltmans M55	1998	1.11.52
14 Wim Sangen M55	2005	1.12.26
15 Hans Meijer M55	2014	1.12.54
16 Bert Vos M55	1997	1.14.56
17 Henk Thielens M55	2013	1.20.10
18 Jos Muijen M55	2014	1.25.18
19 Fred Kroon M55	2013	1.29.40

1 Sjef Senden M60	1992	1.00.30
2 Jan Muyrers M60	2009	1.09.15
3 Ad van Kempen M60	2010	1.10.24
4 Arno Last M60	2000	1.11.39
5 Martin Claassen M60	2008	1.12.17
6 Jo Kuypers M60	1994	1.14.52

1 Jan Muyrers M65	2012	1.12.22
2 Hans Smeets M65	2014	1.17.25
3 Jo Kuypers M65	2000	1.19.06

Uurloop.

1 Bert Vos M35	1975	17.654m
2 Arno Last M35	1979	15.150m
3 Martin Claassen M35	1983	14.000m

1 Bert Vos M40	1980	17.509m
2 Martin Claassen M40	1987	16.735m
3 Hub Breuer M40	1987	16.019m
4 Jan Beckers M40	1990	15.500m

1 Sjef Senden M45	1981	17.605m
2 Bert Vos M45	1984	16.665m
3 Arno Last M45	1984	15.844m

1 Sjef Senden M50	1982	16.955m
2 Arno Last M50	1990	15.495m
3 Bert Vos M50	1990	15.395m
4 Sjef Waltmans M50	1990	14.655m

1 Sjef Senden M55	1987	16.360m
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20 Km.

1 Bert Vos M35	1975	1.07.34
2 Jo Kuypers M35	1969	1.12.16
3 Harry Kamphuis M35	2001	1.12.51
4 Arno Last M35	1979	1.23.31
1 Bert Vos M40	1983	1.10.20
2 Theo Timmermans M40	1995	1.16.11
3 Stan Meuffels M40	1995	1.18.49
4 Jan Beckers M40	1994	1.21.22
1 Bert Vos M45	1986	1.13.34
2 Jo Kuypers M45	1979	1.15.37
3 Arno Weelen M45	1995	1.15.38
4 Toon Hanssen M45	1994	1.16.22
1 Sjef Senden M50	1982	1.14.06
2 Bert Vos M50	1994	1.27.10
1 Sjef Senden M55	1993	1.25.24
2 Ad van Kempen M55	2013	1.26.39
1 Sjef Senden M60	1994	1.23.02
2 Ad van Kempen M60	2014	1.28.30
1 Jan Muyrers M65	2011	1.34.47

Halve Marathon.

1 Harry Kamphuis M35	2001	1.12.51
2 John Reynen M35	2005	1.13.46
3 Jo Kuypers M35	1974	1.24.52
4 Maurice Ruwette M35	2009	1.25.04
5 Martin Claassen M35	1981	1.30.01
6 Roel Curfs M35	2014	1.47.27
7 Kosrat Hadi Dauwet M35	2014	1.49.16
1 Harry Driessen M40	1997	1.14.47
2 Bert Vos M40	1984	1.15.45
3 Leo Franssen M40	1985	1.15.53
4 Marcel de Veen M40	2000	1.16.04
5 Bert Vanwersch M40	2010	1.16.59
6 Hub Breuer M40	1987	1.17.47
7 Martin Claassen M40	1988	1.18.00
8 Theo Timmermans M40	1994	1.19.09
9 John Vleugels M40	2002	1.19.38
10 Toon Hanssen M40	1993	1.19.48
11 John Reynen M40	2013	1.20.02
12 Maurice Quaedvlieg M40	2006	1.20.35
13 Jo Haan M40	2000	1.21.10

11 Ad. Van Kempen M50	2008	1.25.26
12 Franc.Frankhuizen M50	2010	1.26.28
13 Hub Fox M50	1992	1.26.56
14 Co v.d.Bogert M50	2005	1.27.38
15 Jan Beckers M50	2000	1.29.17
16 Karl Trags M50	1998	1.29.19
17 Jef Waltmans M50	1991	1.29.36
18 Guus Stauvermann M50	1999	1.30.19
19 Sjef Schwanen M50	2000	1.31.03
20 Wim Wolfs M50	2002	1.31.52
21 Klaus Krolzig M50	2014	1.33.57
22 Paul Eymael M50	2013	1.38.44
23 Ruud de Vries M50	2013	1.43.04
24 Rolf Bungler M50	2013	1.46.24
25 Maarten van de Ende M50	2013	1.47.08
26 Hub Houben M50	2013	1.53.49
27 John Paulssen M50	2014	2.01.57

1 Sjef Senden M55 **1987** **1.15.28**

2 Hans Smeets M55	2006	1.19.42
3 Ton Deumens M55	1995	1.19.55
4 Jo Vodeb M55	2003	1.23.04
5 Jo Kuypers M55	1989	1.27.11
6 Francesco Frankhuizen55	2012	1.27.30
7 Arno Last M55	1996	1.27.53
8 Jan Muyrers M55	2004	1.28.12
9 Ad van Kempen M55	2013	1.29.20
10 Wil Palmans M55	1997	1.29.35
11 Jan Beckers M55	2006	1.34.45
12 Bert Vos M55	1996	1.35.37
13 Jos Muijen M55	2014	1.35.57
14 Jef Waltmans M55	1998	1.37.17
15 Sjef Schwanen M55	2003	1.37.29
16 Henk Thielens M55	2013	1.37.59
17 Klaus Krolzig M55	2013	1.39.21
18 Fred Kroon M55	2014	2.00.09
19 Math Baggen M55	2014	2.01.57

1 Sjef Senden M60 **1993** **1.25.24**

2 Hans Smeets M60	2007	1.25.27
3 Jan Muyrers M60	2008	1.31.09
4 Arno Last M60	2001	1.33.23
5 Martin Claassen M60	2008	1.36.27
6 Wim Sangen M60	2006	1.40.26
7 Jo Kuypers M60	1994	1.40.31
8 Cor Vaessen M60	2008	1.43.29
9 Jef Schwanen M60	2008	1.45.37
10 Jef Waltmans M60	2002	1.50.02
11 Leo Deby M60	2006	1.51.14
12 Toine Hensgens M60	2011	1.51.41

13 Wiel Pelzer M60	2014	2.12.10
1 Hans Smeets M65	2012	1.26.58
2 Jan Muyrers M65	2011	1.33.56
3 Arno Last M65	2005	1.42.52
4 Jo Kuypers M65	2000	1.45.41

25 Km.

1 Bert Vos M35	1975	1.25.26
2 Jo Kuypers M35	1967	1.29.33
3 Martin Claassen M35	1981	1.30.01
4 Arno Last M35	1979	1.50.52

1 Bert Vos M40	1981	1.29.45
2 Hans vd Ploeg M40	1996	1.38.44
3 Jo Haan M40	2000	1.39.24
4 Arno Weelen M40	1994	1.39.25
5 Frans Amkreutz M40	2003	1.40.01
6 Jan Beckers M40	1990	1.41.44
7 Stan Meuffels M40	1996	1.42.12
8 Hans Meyer M40	2005	1.53.05
9 Maurice Kohlen M40	2008	1.53.20
10 Peter Pelzer M40	2005	1.57.12

1 Sjef Senden M45	1981	1.29.06
2 Bert Vos M45	1985	1.32.38
3 Harry Driessen M45	2004	1.36.35
4 Harry Kamphuis M45	2008	1.36.36
5 Arno Weelen M45	1996	1.36.59
6 Arno Last M45	1986	1.39.32
7 Jan Beckers M45	1996	1.47.17
8 Jo Knuth M45	1996	1.51.51
9 Maurice Mennens M45	2006	1.53.45

1 Sjef Senden M50	1982	1.28.38
2 Ton Deumens M50	1992	1.36.26
3 Harry Driessen M50	2008	1.39.22
4 Bert Vos M50	1990	1.41.53
5 Jef Waltmans M50	1991	1.44.02
6 Arno Last M50	1990	1.44.59
7 Jan Beckers M50	2000	1.46.14
8 Hans Meyer M50	2008	1.57.00
9 Co v.d. Bogert M50	2006	1.58.07

1 Sjef Senden M55	1987	1.35.50
2 Ton Deumens M55	1994	1.36.07
3 Jan Beckers M55	2006	1.58.03

1 Jan Muyrers M60	2008	1.49.22
2 Jo Kuypers M60	1994	1.54.20

30 Km.

1 Harry Kamphuis M35	1998	1.49.07
2 Bert Vos M35	1975	1.51.39
3 Bert Vanwersch M35	2008	1.54.57
4 Jo Kuypers M35	1971	1.58.40
5 Maurice Ruwette M35	2010	2.02.00
6 Wim Wolfs M35	1988	2.07.39
7 Arno Last M35	1979	2.09.30

1 Bert Vos M40	1981	1.49.45
2 Bert Vanwersch M40	2010	1.53.20
3 Jo Haan M40	2000	1.55.35
4 Wil Jung M40	2002	1.57.22
5 John Reijnen M40	2010	1.58.57
6 Stan Meuffels M40	1995	1.59.39
7 Co v.d. Bogert M40	1999	2.05.38
8 Jan Beckers M40	1991	2.05.54
9 Fred Kroon M40	1997	2.06.17
10 Ivo Vermeeren M40	2010	2.06.50
11 Huub Schmits M40	1998	2.09.03
12 Theo Timmermans M40	1998	2.14.00
13 Rene Aukens M40	2004	2.15.40

1 Sjef Senden M45	1981	1.49.36
2 Bert Vos M45	1984	1.54.14
3 Wil Jung M45	2002	1.55.35
4 Arno Weelen M45	1995	1.58.44
5 Jo Kuypers M45	1979	1.59.18
6 Harry Kamphuis M45	2008	1.59.55
7 Arno Last M45	1998	2.02.46
8 Co v.d. Bogert M45	2002	2.06.43
9 Jan Beckers M45	1995	2.06.46
10 Guus Stauvermann M45	2001	2.11.42
11 Frans Amkreutz M45	2004	2.14.23

1 Sjef Senden M50	1984	1.51.03
2 Ton Deumens M50	1991	1.57.48
3 Bert Vos M50	1996	2.06.55
4 Jan Beckers M50	2000	2.10.08
5 Jo Knuth M50	1998	2.17.49
6 Sjef Schwanen M50	2000	2.23.35
7 Jo Vodeb M50	2000	2.25.41

1 Sjef Senden M55	1987	1.56.43
2 Ton Deumens M55	1995	1.59.03
3 Sjef Schwanen M55	2001	2.27.39
4 Wim Sangen M55	2001	2.27.40
5 Sjef Waltmans M55	1998	2.28.36
6 Martin Claassen M55	2001	2.30.26

Marathon.

1 Harry Kamphuis M35	2000	2.33.33
2 John Reynen M35	2005	2.35.24
3 Bert Vos M35	1979	2.38.40
4 Jo Kuypers M35	1972	2.49.23
5 Jan Beckers M35	1989	2.58.14
6 Maurice Ruwette M35	2010	2.59.21
7 Kosrad Hadi Dauwed M35	2014	3.38.58
1 Bert Vanwersch M40	2010	2.40.33
2 Harry Kamphuis M40	2002	2.41.13
3 Bert Vos M40	1980	2.42.26
4 Marcel de Veen M40	2000	2.44.05
5 Ger Steyvers M40	1987	2.46.13
6 Harry Driessen M40	2000	2.47.17
7 Wil Jung M40	2003	2.48.35
8 Jo Kuypers M40	1981	2.49.38
9 Theo Timmermans M40	1994	2.52.17
10 Maurice Ruwette M40	2012	2.52.39
11 Stan Meuffels M40	1994	2.54.32
12 Jo Haan M40	2000	2.54.55
13 John Vleugels M40	2002	2.55.49
14 Jan Beckers M40	1990	2.57.31
15 Ivo Vermeeren M40	2010	2.59.29
16 Roland Ettema M40	2012	2.59.30
17 Wim Wolfs M40	1992	3.00.08
18 Maurice Quaedvlieg M40	2005	3.00.29
19 Co v.d. Bogert M40	2000	3.00.41
20 Fons Ham M40	1994	3.05.54
21 John Wentink M40	1994	3.07.14
22 Hans vd Ploeg M40	1996	3.09.13
23 Huub Schmits M40	1999	3.09.34
24 Fred Kroon M40	1996	3.10.22
25 Frans Amkreutz M40	2003	3.13.06
26 Jacques Woinowski M40	1998	3.14.30
27 John Reijnen M40	2013	3.25.21
1 Bert Vanwersch M45	2011	2.39.32
2 Sjef Senden M45	1981	2.39.58
3 Jo Kuypers M45	1981	2.49.38
4 Bert Vos M45	1986	2.49.54
5 Harry Driessen M45	2001	2.51.57
6 Toon Hanssen M45	1994	2.53.47
7 Arno Weelen M45	1996	2.54.44
8 Arno Last M45	1988	2.55.21
9 Harry Kamphuis M45	2008	2.58.40
10 Maurice Quaedvlieg M45	2010	2.58.49
11 Wil Jung M45	2002	2.59.14
12 John Quadflieg M45	1994	3.05.52

13	Co v.d. Bogert M45	2002	3.06.46
14	Jan Beckers M45	1997	3.06.54
15	Peter Pelzer M45	1998	3.07.11
16	Guus Stauvermann M45	2000	3.09.53
17	Klaus Krolzig M45	2008	3.11.50
18	Wim Wolfs M45	1999	3.14.01
19	Maurice Kohlen M45	2014	3.16.02
20	Jo Heyenrath M45	2004	3.17.12
21	Nathal van der Meulen M45	2013	3.19.28
22	Maurice Mennens M45	2006	3.20.13
23	Thijs Gulpen M45	2002	3.20.20
24	Fred Kroon M45	2002	3.22.47
25	Loek v.d.Weyer M45	1995	3.25.46
26	Paul Eymael M45	2009	3.26.07
27	Wim Sangen M45	1994	3.28.50
28	Nathal van der Meulen M45	2014	3.39.29
29	John Vreuls M45	2014	3.44.12
30	Theo Schroijen M45	2013	4.26.02

1 Sjef Senden M50 1982 2.37.46

2	Hans Smeets M50	1999	2.49.29
3	Ton Deumens M50	1992	2.50.28
4	Jo Kuypers M50	1982	2.58.44
5	Wil Palmans M50	1995	2.59.03
6	Bert Vos M50	1990	3.04.03
7	Hub Fox M50	1995	3.05.37
8	Frans.Frankhuizen M50	2009	3.05.41
9	Arno Last M50	1991	3.07.34
10	Jan Beckers M50	2000	3.07.47
11	Ad van Kempen M50	2008	3.09.25
12	Jef Waltmans M50	1991	3.10.40
13	Guus Stauvermann M50	2003	3.15.43
14	Wim Wolfs M50	2001	3.17.39
15	Klaus Krolzig M50	2012	3.22.53
16	Wim Sangen M50	1995	3.23.23
17	Jo Knuth M50	1997	3.25.18
18	Paul Eymael M50	2010	3.26.26
19	Gerard Den Ouden M50	1993	3.29.59
20	Sjef Schwanen M50	2001	3.30.21
21	Theo Dirven M50	2002	3.35.02
22	Harry Janssen M50	2000	3.35.06
23	Jo Vodeb M50	1998	3.35.24
24	Hub Houben M50	2012	3.48.22

1 Sjef Senden M55 1987 2.45.10

2	Ton Deumens M55	1995	2.51.07
3	Hans Smeets M55	2006	2.53.51
4	Frans.Frankhuizen M55	2011	3.06.15
5	Wil Palmans M55	1997	3.16.27
6	Herman van Haaren M55	2014	3.16.19

7 Arno Last M55	1998	3.18.31
8 Wim Sangen M55	2003	3.20.15
9 Martin Claassen M55	2000	3.21.34
10 Jan Muyrers M55	2003	3.26.02
11 Sjef Schwanen M55	2001	3.30.21
12 Jef Waltmans M55	1998	3.30.29
13 Ad van Kempen M55	2010	3.31.45
14 Jan Beckers M55	2007	3.32.49
15 Harry Janssen M55	2007	3.35.54
16 Jo Vodeb M55	2002	3.36.44

1 Sjef Senden M60	1992	3.04.41
2 Hans Smeets M60	2007	3.15.59
3 Ad van Kempen M60	2014	3.29.03
4 Arno Last M60	2000	3.32.56
5 Sjef Schwanen M60	2006	3.39.45
6 Jef Waltmans M60	2000	3.40.45
7 Harry Verstegen M60	2003	3.49.17
8 Cor Vaessen M60	2008	3.50.19

1 Cor Vaessen M65	2011	4.07.16
2 Jef Waltmans M65	2005	4.13.38

110 mtr. Horden.

1 Lennert Elands M35	2013	21.55
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1 Arno Deckers M40	1991	18.94
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400 m. horden

1 Lennert Elands M35	2014	1.06.53
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1 Wim Smit M50	2013	1.17.72
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3000mtr steeple.

1 Bert Vos M35	1975	10.21.08
2 Harry Kamphuis M35	2000	10.24.49
3 Wil Jung M35	1993	10.36.80

1 Bert Vos M40	1981	10.18.60
1 Fons Ham M40	1993	11.00.73

1 Harry Kamphuis M45	2011	12.09.54
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1 Harry Kamphuis M50	2013	12.21.00
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Verspringen.

1 Dirk Cornelissen M35	2014	3.98
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1 Friedel Horndt M40	2006	5.44
2 Bas Mols M40	2014	4.24

1 Arno Deckers M45	1995	5.64
2 Friedel Horndt M45	2011	5.31
3 Wim Smit M45	2005	4.97
4 Paul Crutzen M45	2013	4.66
5 John Linden M45	1997	4.33

1 Arno Deckers M50	1999	4.85
2 Wim Smit M50	2012	4.53

1 Wim Smit M55	2013	4.19
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1 Glenn Gentle M60	2012	4.58
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Hoogspringen.

1 Dirk Cornelissen M35	2013	1.40
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1 Wim Smit M40	2002	1.70
2 Bas Mols M40	2014	1.35

1 Piet Jacobs M45	2002	1.70
2 Arno Deckers M45	1997	1.60

1 Wim Smit M50	2012	1.45
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1 Wim Smit M55	2013	1.45
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Polstokhoog springen

1 Lennart Elands M35	2013	3.10
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1 Wim Smit M45	2005	2.70
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1 Arno Deckers M50	1999	2.75
2 Wim Smit M50	2009	2.53

Kogelstoten. 7,25kg

1 Rob Hermans M35	1989	14.91
2 Harry Zitzen M35	1983	12.88
3 John Spronk M35	1989	12.61

1 Rob Hermans M40	1995	13.79
2 Harry Zitzen M40	1986	13.43
3 Wim Smit M40	2006	9.18
4 Maurice Quaedvlieg M40	2006	8.37
5 Frans van Mil M40	1994	8.32
6 Bas Mols M40	2013	8.08
7 Rene Clement M40	2006	7.98
8 Ton Leenders M40	2004	6.77

1 Rob Hermans M45	2001	13.78
2 John Spronk M45	2002	10.95
3 Martin Meulemans M45	1995	10.06
4 John Schoeters M45	2012	7.98

Kogelstoten. 6kg

1 Rob Hermans M50	2007	13.07
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1 Glenn Gentle M60	2012	12.05
2 Cor Vaessen M60	2007	6.47

Kogelstoten. 4kg

1 Herman Theunissen M70	2012	10.06
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Discuswerpen 2kg

1 Harry Zitzen M35	1983	52.92
2 Rob Hermans M35	1990	45.74
3 John Spronk M35	1989	41.30
4 Lennart Elands M35	2014	23.77

1 Harry Zitzen M40	1986	50.62
2 Rob Hermans M40	1995	44.48
3 Rene Clenent M40	2006	24.98
4 Frans van Mil M40	1997	17.88

1 Harry Zitzen M45	1989	45.80
2 Rob Hermans M45	1998	44.23

1 Harry Zitzen M50	1994	42.86
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Discuswerpen 1,50 kg

1 Harry Zitzen M50	1995	49.82
2 Rob Hermans M50	2005	44.40
3 John Spronk M50	2002	37.92
4 Wim Smit M50	2012	24.40

1 Rob Hermans M55	2009	40.18
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1 Glenn Gentle M60	2012	37.32
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1 Jo van Hoof M65	2013	28.39
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Speerwerpen. 800gr.

1 John Spronk M35	1989	44.02
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1 Ron Jacobs M40	2006	40.78
2 Rob Keulers M40	2009	32.71
3 Frans van Mil M40	1997	24.48

1 Martin Meulemans M45	1995	41.06
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