

Eeuwige Ranglijsten Meisjes C en D.			
80 meter Meisjes C.			
1	Sismee Tiggeloven	2013	10.33s
2	Nicole vd Kar	1977	10.44s
3	Ria Senden	1969	10.64s
4	Anja Senden	1977	10.64s
5	Maud Wetzels	2004	10.68s
6	Babs Mevissen	2011	10.71s
7	Caroline Gemmeke	1990	10.74s
8	Marianna Meulemans	1994	10.74s
9	Monique Hensen	1977	10.84s
10	Chantal Paffen	1990	10.84s
11	Ramona Jagers	1992	10.84s
12	Arianne Silvertand	1992	10.84s
13	Shirley Speerstra	1999	10.84s
14	Janine vd Bolt	1976	10.94s
15	Yvonne Lomme	1979	10.94s
16	Dionne van Hoof	1984	10.94s
17	Sifra Griesenbrock	2004	10.96s
18	Elli Frank	2006	10.99s
19	Anita Bemelmans	1969	11.04s
20	Monique Martineau	1998	11.08s
21	Marion Ernst	1977	11.14s
22	Lucienne Boelen	1978	11.14s
23	Peggy Heyne	1995	11.14s
24	Minke Bisschops D	2014	11.14s
25	Evelien Ruijters	2000	11.15s
26	Ghislaine Rutten	1996	11.18s
27	Linda ve Bogert	1997	11.18s
28	Lieke Severens	2014	11.30s
29	Myrthe Hamers	2014	11.66s
30	Mijke Wassenberg	2013	11.91s
600 meter Meisjes C.			
1	Sifra Griesenbrock	2004	1.37.35
2	Elli Frank	2006	1.38.48
3	Yvonne Lomme	1979	1.38.70
4	Pheline v Amersfoort	1997	1.40.10
5	Monique Deby	1981	1.41.50
6	Sismee Tiggeloven	2013	1.41.61
7	Inez Curfs	1999	1.41.90
8	Carlien Eurlings D	2005	1.42.20
9	Jacqueline Laumen	1976	1.42.40
10	Joan Merx	1980	1.42.50
11	Germaine Plaum	1986	1.42.60
12	Suzy Rooyakkers	1977	1.42.70
13	Esther Ruijters	2002	1.43.34
14	Evelien Ruijters	2000	1.43.64
15	Linda Haan	2000	1.44.18
16	Anja Brugmans	1974	1.44.50
17	Peggy Heyne	1994	1.44.60
18	Marleen vd Laan	1974	1.44.70
19	Yvonne Simons	1981	1.44.70
20	Susan Habets	1983	1.45.20
21	Maud Wetzels	2005	1.45.86

22	Cathy de Poorter	1972	1.46.10		
23	Bianca Lentjes	1992	1.46.30		
24	Gertie Claassen	1972	1.46.40		
25	Fenna Linssen	2008	1.46.60		
26	Lara Mertens	1997	1.46.71		
27	Kiki Rompen	2013	2.17.44		
	1000 meter Meisjes C.				
1	Pheline v Amersfoort D	1997	3.02.16		
2	Evelien Ruijters	2000	3.06.34		
3	Elli Frank	2006	3.07.05		
4	Sifra Griesenbrock	2004	3.08.45		
5	Germaine Plaum	1986	3.09.60		
6	Linda Haan D	1998	3.11.36		
7	Esther Ruijters	2003	3.12.30		
8	Peggy Heyne	1994	3.13.82		
9	Marjolein Frietman	2004	3.14.65		
10	Calien Eurlings	2006	3.17.29		
11	Lara Mertens	1997	3.18.68		
12	Monique Deby	1981	3.18.80		
13	Ayla Stijns	2009	3.19.01		
14	Calien Eurlings D	2005	3.19.90		
15	Babs Mevissen D	2009	3.22.51		
16	Liz Greter	2002	3.22.70		
17	Ans Huppertz	2003	3.22.71		
18	Inez Curfs	1999	3.24.00		
19	Karin Jonkers	1993	3.24.40		
20	Fenna Linssen	2008	3.26.54		
21	Lotte Bodelier	2010	3.27.04		
22	Lisan Banasiak	1995	3.27.80		
23	Jacintha Kroon	1996	3.28.10		
24	Leonie Wagelaar	1986	3.28.70		
25	Faye Huntjens	2013	3.46.69		
26	Myrthe Hamers	2014	3.48.90		
	80 meter horden Meisjes C.				
1	Sismee Tiggeloven	2014	12.74s		
2	Silvia Hulzebosch	2004	12.79s		
3	Monique Martineau	1998	12.87s		
4	Veerle van der Meulen	2014	13.14s		
5	Elli Frank	2006	13.27s		
6	Francis Quaden	1980	13.54s		
7	Lotte Bodelier	2010	13.97s		
8	Maud Wetzels	2005	14.13s		
9	Nancy Lentjes	1992	14.14s		
10	Lara Mertens	1997	14.20s		
11	Suzan Deckers	1991	14.24s		
12	Inez Curfs	1999	14.25s		
13	Linda vd Bogert	1997	14.31s		
14	Bianca Lentjes	1993	14.84s		
15	Shirley Speerstra	1999	15.04s		
16	Chantal Stitzinger	1999	15.15s		
17	Alexandra Jennes	1984	15.34s		
18	Mandy Arnolds	1995	15.34s		
19	Danielle Bosman	1993	15.44s		

20	Suzy Winckels	1984	15.74s		
21	Arianne Silvertand	1992	15.84s		
22	Madelon Elands	1997	15.89s		
23	Francien Den Teuling	1997	15.90s		
24	Ilona Kessels	1985	15.94s		
25	Nancy Koper	1985	15.94s		
26	Frederique Ploumen	2013	16.51s		
27	Elina Feierabend	2014	17.70s		
	Verspringen Meisjes C.				
1	Anja Senden	1977	5.32m		
2	Sismee Tiggeloven	2014	5.25m		
3	Elli Frank	2006	5.06m		
4	Esther Vlecken	1981	4.93m		
5	Nancy Lentjes	1992	4.92m		
6	Dionne van Hoof	1984	4.89m		
7	Silvia Hulzebosch	2004	4.83m		
8	Nicole vd Kar	1977	4.82m		
9	Ilona Kessels	1986	4.81m		
10	Ramona Jagers	1992	4.81m		
11	Wilma Hendriks	1974	4.79m		
12	Peggy Heyne	1995	4.79m		
13	Maartje Bus	1994	4.77m		
14	Maud Wetzels	2004	4.77m		
15	Inez Curfs	1999	4.72m		
16	Joan Merx	1980	4.71m		
17	Lucienne Boelen	1977	4.68m		
18	Shirley Speerstra	1999	4.66m		
20	Nicole Hamers	1981	4.65m		
21	Ria Senden	1968	4.64m		
22	Monique Martineau	1998	4.64m		
23	Monique Hensen	1979	4.62m		
24	Arianne Silvertand	1992	4.60m		
25	Babs Mevissen	2009	4.60m		
26	Linda vd Bogert	1998	4.60m		
27	Lily Wiggelsworth	2014	4.41m		
28	Lieke Severens	2014	4.33m		
29	Myrthe Hamers	2014	3.81m		
30	Kiki Rompen	2013	3.74m		
	Hoogspringen Meisjes C.				
1	Nancy Lentjes	1992	1.56m		
2	Anja Senden	1977	1.50m		
3	Yvonne Lomme	1978	1.50m		
4	Monique Hensen	1979	1.50m		
5	Nicole Vaessen	1985	1.50m		
6	Monique Martineau	1998	1.50m		
7	Elli Frank	2006	1.50m		
8	Lena Ploger	2009	1.50m		
9	Lotte Bodelier	2010	1.50m		
10	Andrea Boelen	1976	1.48m		
11	Sismee Tiggeloven	2013	1.47m		
12	Chantal Paffen	1991	1.46m		
13	Ria Senden	1968	1.45m		
14	Francis Quaden	1979	1.45m		

15	Peggy Heyne	1994	1.45m			
16	Inez Curfs	2000	1.45m			
17	Silvia Hulzebosch	2004	1.45m			
18	Lucienne Boelen	1978	1.40m			
19	Carla Diks	1979	1.40m			
20	Joan Merx	1980	1.40m			
21	Lean Senden	1982	1.40m			
22	Saskia Jacobs	1986	1.40m			
23	Jeanette Kosters	1986	1.40m			
24	Germaine Plaum	1986	1.40m			
25	Ilona Wagelaar	1986	1.40m			
26	Carolien Gemmeke	1990	1.40m			
27	Marlene Dortants	1991	1.40m			
28	Natascha Hinskens	1992	1.40m			
29	Willeke Goebbels	1993	1.40m			
30	Ghislaine Rutten	1996	1.40m			
	Kogelstoten Meisjes C.					
1	Francis Qaden	1980	12.06m			
2	Lotte Bodelier	2011	11.62m			
3	Andrea Boelen	1976	11.40m			
4	Veerle van der Meulen	2014	11.35m			
5	Sandra Bracun	1995	11.04m			
6	Lucienne Boelen	1978	11.02m			
7	Roan Stijns	2007	10.89m			
8	Marianna Meulemans	1994	10.79m			
9	Linda Silvertand	1994	10.65m			
10	Marlene Dortants	1991	10.56m			
11	Marga Eykemans	1964	10.40m			
12	Madelon Elands	1998	10.32m			
13	Silvia Hulzebosch	2004	10.19m			
14	M. Crombach	1974	10.12m			
15	Jacintha Kroon	1997	10.00m			
16	Yvonne Lomme	1979	9.98m			
17	Kim van Mil	2003	9.80m			
18	Joan Merx	1979	9.71m			
19	Pauline Schaepkens	1969	9.61m			
20	Ingrid vd Heuvel	1976	9.38m			
21	Sismee Tiggeloven	2013	9.33m			
22	Bep Lomme	1974	9.26m			
23	Ria Senden	1968	9.24m			
24	Chantal Paffen	1990	9.24m			
25	Carla Slegers	1969	9.17m			
26	Amber Jansch	2009	9.11m			
27	Nancy Lentjes	1992	9.09m			
28	Annie Douw	1968	9.02m			
29	Faye Huntjens	2013	8.46m			
30	Vivienne Klinkhamer	2013	7.66m			
	Discuswerpen Meisjes C.					
1	Veerle van der Meulen	2014	32.90m			
2	Linda Silvertand	1994	31.60m			
3	Marianna Meulemans	1994	31.10m			
4	Francis Qaden	1980	29.02m			
5	Sandra Bracun	1995	28.26m			

6	Bep Lomme	1974	27.16m			
7	Marlene Dortants	1991	26.20m			
8	Ingris vd Heuvel	1976	25.08m			
9	Lucienne Boelen	1978	24.24m			
10	Madelon Elands	1998	23.32m			
11	Silvia Hulzebosch	2004	23.14m			
12	Amber Jansch	2009	23.02m			
13	Henny Engels	1971	23.00m			
14	Jacintha Kroon	1997	22.90m			
15	Andrea Boelen	1976	22.80m			
16	Kim van Mil	2003	22.55m			
17	Chantal Esser	1975	21.16m			
18	Nancy Koper	1985	21.12m			
19	Silvia G.de Beauregard	1999	21.02m			
20	Inez Curfs	1999	21.02m			
21	Ilona Kessels	1985	20.54m			
22	Joan Merx	1979	20.48m			
23	Marion Ernst	1977	20.42m			
24	Patricia Wagenaar	1973	20.13m			
25	Vivienne Klinkhamer	2013	17.37m			
26	Frederique Ploumen	2013	11.52m			
	Speerwerpen Meisjes C.					
1	Marianna Meulemans	1994	38.90m			
2	Michelle Jaminon	2005	34.05m			
3	Lara Mertens	1998	31.34m			
4	Lucienne Boelen	1978	29.44m			
5	Desire Knops	1994	28.86m			
6	Marlene Dortants	1991	28.84m			
7	Lotte Bodelier	2011	28.29m			
8	Jeanette Kusters	1988	28.12m			
9	Jacintha Kroon	1997	27.40m			
10	Anja Overeem	1980	27.22m			
11	Silvia Hulzebosch	2004	26.53m			
12	Nancy Lentjes	1992	26.14m			
13	Ilona Kessels	1986	25.42m			
14	Denise Martineau	2002	24.40m			
15	Inez Curfs	2000	24.20m			
16	Faye Huntjens	2013	23.97m			
17	Pheline v Amersfoort D	1997	23.34m			
18	Shirley Speerstra	1999	23.19m			
19	Nancy Koper	1985	23.16m			
20	Anne-Moon Crutzen	2014	22.61m			
21	Ayla Stijns	2009	22.00m			
22	Susan Habets	1984	21.90m			
23	Monique Martineau	1998	21.76m			
24	Sismee Tiggeloven	2013	18.73m			
	Zevenkamp Meisjes C.					
1	Sismee Tiggeloven	2013	3899pt			
2	Silvia Hulzebosch	2004	3740pt			
3	Nancy Lentjes	1992	3478pt			
4	Monique Martineau	1997	3389pt			
5	Elli Frank	2005	3348pt			
6	Inez Curfs	2000	3282pt			

25	Milou Lendfers	1986	3.38.90			
26	Sigrid Den Teuling	1999	3.39.84			
27	Myrthe Hamers	2013	3.46.94			
28	Donna Vanwersch	2014	3.47.21			
29	Elina Feierabend	2014	3.52.19			
30	Lisa Dekker	2014	4.03.47			
	60 meter horden Meisjes D.					
1	Pheline v Amersfoort	1997	10.51s			
2	Shanna Smeysters	2009	10.93s			
3	Veerle v/d Meulen	2013	11.10s			
4	Lara Mertens	1996	11.14s			
5	Maud Wetzels	2003	11.20s			
6	Willeke Goebbels	1991	11.34s			
7	Inez Curfs	1998	11.57s			
8	Veerle vd Meulen	2012	11.68s			
9	Elli Frank	2003	11.96s			
10	Monique Martineau	1995	12.03s			
11	Linda Haan	1998	12.13s			
12	Suzan Deckers	1990	12.14s			
13	Danielle Bosman	1991	12.14s			
14	Linda vd Bogert	1995	12.20s			
15	Bianca Lentjes	1991	12.24s			
16	Liz Hochstenbach	2008	12.24s			
17	Monique de Vos	1995	12.28s			
18	Jacqueline Heyltjes	1998	12.29s			
19	Jenny Kortis	1999	12.35s			
20	Janneke Jussen	1991	12.44s			
21	Marianna Meulemans	1991	12.44s			
22	Maartje Bus	1993	12.44s			
23	Alexandra Jennes	1983	12.54s			
24	Sijtje Terpstra	1993	12.54s			
25	Michelle Jaminon	2003	12.56s			
26	Calien Eurlings	2005	12.58s			
27	Astrid de Vos	1995	12.63s			
28	Leonie Wagelaar	1985	12.64s			
29	Suzan Ingenhoven	1991	12.64s			
30	Kim Beyk	1991	12.64s			
	Verspringen Meisjes D.					
1	Sifra Griesenbrock	2002	4.72m			
2	Pheline v Amersfoort	1997	4.70m			
3	Maud Wetzels	2003	4.70m			
4	Elli Frank	2004	4.69m			
5	Babs Mevissen	2009	4.60m			
6	Nancy Lentjes	1990	4.54m			
7	Kim Beyk	1992	4.45m			
8	Marianna Meulemans	1992	4.44m			
9	Lucienne Boelen	1976	4.43m			
10	Maartje Bus	1993	4.43m			
11	Lieke Severens	2013	4.43m			
12	Anja Senden	1975	4.42m			
13	Calien Eurlings	2005	4.38m			
14	Arianne Silvertand	1990	4.37m			
15	Suzan Deckers	1990	4.36m			

16	Quincy Housen	2008	4.35m		
17	Inez Curfs	1998	4.34m		
18	Joan Nerx	1978	4.29m		
19	Sijtje Terpstra	1993	4.28m		
20	Michelle Jaminon	2003	4.28m		
21	Monique Martineau	1996	4.27m		
22	Judith Hensgens	1990	4.26m		
23	Minke Bisschops	2014	4.24m		
24	Ria Senden	1967	4.22m		
25	Janine Handels	1979	4.22m		
26	Chantal Paffen	1989	4.22m		
27	Dionne van Hoof	1982	4.21m		
28	Inez Wings	1991	4.21m		
29	Anne-Moon Crutzen	2013	4.11m		
30	Melissa Uranka	2014	4.09m		
	Hoogspringen Meisjes D.				
1	Quincy Housen	2008	1.54m		
2	Anke Mols	2014	1.50m		
3	Willeke Goebbels	1991	1.45m		
4	Pheline v Amersfoort	1997	1.45m		
5	Elli Frank	2004	1.45m		
6	Shanna Smeijsters	2008	1.45m		
7	Lena Ploger	2008	1.45m		
8	Lotte Bodelier	2009	1.45m		
9	Marlene Dortants	1989	1.40m		
10	Nancy Lentjes	1989	1.40m		
11	Monique Martineau	1996	1.40m		
12	Sismee Tiggeloven	2011	1.40m		
13	Nicole Vaessen	1983	1.35m		
14	Suzan Ingenhoven	1991	1.35m		
15	Sigrid Den Teuling	2000	1.35m		
16	Magda Dirks	1975	1.30m		
17	Lucienne Boelen	1976	1.30m		
18	Joan Merx	1978	1.30m		
19	Francis Quaden	1978	1.30m		
20	Lian Engelkes	1981	1.30m		
21	Leanne Senden	1981	1.30m		
22	Dionne van Hoof	1982	1.30m		
23	Judith Hensgens	1989	1.30m		
24	Chantal Paffen	1989	1.30m		
25	Kim Beyk	1991	1.30m		
26	Maartje Bus	1993	1.30m		
27	Sijtje Terpstra	1993	1.30m		
28	Jacqueline Heyltjes	1997	1.30m		
29	Chantal Stitzinger	1997	1.30m		
30	Inez Curfs	1998	1.30m		
31	Joy Kandziora	2002	1.30m		
32	Lena Ploger	2007	1.30m		
33	Babs Mevissen	2009	1.30m		
	Polstokhoog MeisjesD				
1	Shanna Smeijsters	2008	1.80m		
	Kogelstoten Meisjes D.				

Speerwerpen Meisjes D.			
1	Marianna Meulemans	1992	34.32m
2	Pheline v Amersfoort	1997	30.94pt
3	Desire Knops	1992	27.90m
4	Lotte Bodelier	2008	26.71m
5	Lara Mertens	1996	26.46m
6	Marlene Dortants	1989	26.40m
7	Sijtje Terpstra	1993	26.36m
8	Veerle vd Meulen	2012	25.12m
9	Jacintha Kroon	1995	24.55m
10	Michelle Jaminon	2003	24.10m
11	Denise Martineau	1999	22.43m
12	Judith Hensgens	1989	22.34m
13	Calien Eurlings	2005	22.26m
14	Ayla Stijns	2008	22.12m
15	Madelon Elands	1996	21.86m
16	Ananda Waelen	1992	21.04m
17	Sandy Gubbels	1991	20.56m
18	Inez Curfs	1998	20.49m
19	Kim van Mil	2002	20.03m
20	Sismee Tiggeoven	2011	19.95m
21	Kim Beyk	1992	19.14m
22	Mandy Arnolds	1994	19.08m
23	Babs Mevissen	2009	18.94m
24	Dionne van Hoof	1983	18.80m
25	Monique Martineau	1996	18.78m
26	Silvia G.de Beaugard	1998	18.63m
27	Sanne Dekker	2014	13.50m
28	Regina Laven	2014	8.53m
Zeskamp Meisjes D.			
1	Pheline v Amersfoort	1997	3342pt
2	Lara Mertens	1996	2738pt
3	Marianna Meulemans	1992	2719pt
4	Inez Curfs	1998	2644pt
5	Monique Martineau	1996	2637pt
6	Calien Eurlings	2005	2630pt
7	Desire Knops	1992	2283pt
8	Madelon Elands	1996	2200pt
9	Suzanne Ingenhoven	1991	2192pt
10	Linda Haan	1998	2159pt
11	Linda vd Bogert	1996	2137pt
12	Bianca Lentjes	1991	2119pt
13	Danielle Bosman	1991	2099pt
14	Jenny Kortis	1999	2084pt
15	Denise Martineau	1999	2082pt
16	Astrid de Vos	1995	2044pt
17	Sigrid Den Teuling	1999	2007pt
18	Daphne Holweg	1998	1976pt
19	Monique de Vos	1995	1949pt
20	Chantal Stitzinger	1997	1947pt

