

Ranglijsten Outdoor 2010.		
Mannen.		
100 m meter.		
1.	Christian Hammers JunA	11.11
2.	Frans Boumans	11.52
3.	Luuk Linssen	11.58
4.	Lars Schopen	11.81
5.	Branko Linden	12.23
6.	Lars Curfs	13.22
7.	Friedel Horndt M45	13.40
8.	Rob Keulers M40	13.44
200 meter.		
1.	Christian Hammers JunA	22.18
2.	Luuk Linssen	23.25
3.	Lars Schopen	24.38
4.	Glenn Gentle M55	26.40
5.	Rob Keulers M40	27.36
6.	Friedel Horndt M45	27.83
7.	Lars Curfs	28.11
8.	Ivo Vermeeren M40	28.47
9.	John Reijnen M40	28.99
10.	Jos Muijen M45	29.40
12.	Co vd Bogert M50	29.72
13.	Hans Smeets M60	30.20
14.	Richard Vulkers M40	30.25
15.	Maurice Quaedvlieg M45	30.47
16.	John Schoeters M40	32.00
17.	Frenk Raaymakers M50	32.61
18.	Ad van Kempen M55	33.42
19.	Harry Kamphuis M45	33.79
20.	Fred Kroon M50	33.93
21.	Ruud Huting M50	34.94
22.	Maurice Kohlen M40	35.02
23.	Mathieu Houben M50	36.84
24.	Jac Zautsen M45	37.14
25.	Jan Muyrers M60	37.71
26.	Cor Koreman M45	41.19
27.	Maurice Ruwette M35	48.88
28.	Jo Kuypers M75	61.18
300 meter.		
1.	Ludrick Berrenstein	34.31
2.	Eugene Martineau	36.30
400 meter.		
1.	Ludrick Berrenstein	47.89
2.	Martijn Arnoldussen	51.13
3.	Luuk Linssen	54.44
4.	Hans Smeets M60	62.95
5.	Rob Keulers M40	64.77
800 meter.		
1.	Martijn Arnoldussen	1.53.56
2.	Hans Smeets M60	2.18.12
3.	Friedl Horndt M45	2.43.97

4.	Lars Curfs	3.08.64
1000 meter.		
1.	Hans Smeets M60	2.59.79
1500 meter.		
1.	Martijn Arnoldussen	4.07.23
2.	Kristof Lefebvre	4.15.99
3.	Sander v. Leeuwen	4.41.79
4.	Hans Smeets M60	4.46.56
5.	Senbet Eyob	4.51.04
3000 meter.		
1.	Maurice Quaedvlieg M45	10.07.23
2.	Senbet Eyob	10.10.77
3.	Hans Smeets M60	10.14.92
4.	John Reijnen M40	10.19.45
5.	Harry Kamphuis M45	10.36.75
6.	Maurice Ruwette M35	10.54.09
7.	Ivo Vermeeren M40	11.00.56
8.	Jos Muyen M45	11.06.77
9.	Frank Nijholt M40	11.23.87
10.	Ad van Kempen M55	11.35.62
12.	John Vreuls M40	11.47.07
13.	Maurice Kohlen M40	11.48.22
14.	Math Houben M40	11.51.51
15.	Wil Jung M50	11.56.30
16.	Paul Eymael M45	12.06.81
17.	Theo Schroijsen M45	12.23.88
18.	Martin Claassen M60	12.37.13
19.	Jan Muyrers M60	12.38.23
20.	Co vd Bogert M50	12.46.85
21.	Richard Vulkers M40	12.52.51
22.	Frenk Raaymakers M50	12.55.22
23.	Fred Kroon M50	13.31.61
24.	John Schoeters M40	13.43.01
25.	Wim Smit M50	13.45.77
26.	Friedel Horndt M45	13.50.43
27.	Cor Vaessen M60	13.54.07
28.	Gerard vd Boom M60	14.00.66
29.	Hubertus Houben M50	14.05.77
30.	Harry Verstegen M70	14.10.81
31.	Ruud Huting M50	16.07.72
32.	Jo Kuypers M75	19.32.10
5000 meter.		
1.	Evert Gielen M35	16.30.27
2.	Harry Kamphuis M45	18.17.61
3.	Wil Jung M50	20.12.38
4.	Frenk Raaymakers M550	22.37.78
5.	Hans Meijer M50	22.38.47
10.000 meter Baan.		
1.	Hans Smeets M60	38.33.68
10 Km Weg.		

1.	Bert Vanwersch M40	34.15
2.	Maurice Quaedvlieg M45	35.26
3.	John Reynen M40	35.36
4.	Maurice Ruwette M35	37.58
5.	Marcel de Veen M50	38.12
6.	Harry Driessen M50	38.45
7.	Ivo Vermeeren M40	39.06
8.	Wil Jung M45	39.50
9.	Hans Smeets M60	40.03
10.	Klaus Krolzig M45	41.38
11.	Frank Nijholt M40	41.49
12.	Mathieu Houben M40	42.18
13.	Ad van Kempen M55	42.29
14.	Paul Eymael M45	42.59
15.	Jan Muyrers M60	43.13
16.	Roel Curfs Sen	44.01
17.	Maurice Kohlen M45	44.21
18.	Rolf Buenger M45	44.34
19.	Maurice Bouwens M45	45.25
20.	Richard Vulkers M40	45.55
21.	Maurice Meijers Sen	46.47
22.	Cor Lennertz M50	46.50
23.	Math Baggen M55	46.50
24.	Frenk Raaymakers M50	47.27
25.	Marc Scheren M40	48.19
26.	Hans Hartman M55	48.37
27.	Hub Houben M50	49.22
28.	John Stoffelen M55	50.10
29.	Jos Wanten	51.14
30.	Fred Kroon M50	51.46
31.	Marcel Bisselink M45	52.00
32.	Nico Bonfrere M55	53.46
33.	Jos Wanten M50	54.55
34.	Wiel Pelzer M55	55.07
35.	Jo Kuypers M75	1.19.25
15 Km.		
1.	Bert Vanwersch M40	54.55
2.	Maurice Quaedvlieg M45	55.36
3.	John Reynen M40	56.24
4.	Maurice Ruwette M35	59.55
5.	Marcel de Veen M50	1.00.06
6.	Ivo Vermeeren M40	1.00.14
7.	Harry Driessen M50	1.02.58
8.	Ad van Kempen M55	1.004.01
9.	Klaus Krolzig M45	1.05.24
10.	Tiny Claassen M65	1.09.56
11.	Hans Smeets M60	1.10.11
12.	Maurice Kohlen M40	1.10.24
13.	Richard Vulkers M40	1.15.41
14.	Frank Nijholt M40	1.17.48
15.	Jan Muyrers M60	1.17.48
16.	Jos Wanten M50	1.21.27
17.	Fred Kroon M50	1.23.19
18.	Jo Kuypers M75	1.51.51

10 Engelse Mijl.		
1.	Maurice Quaedvlieg M45	1.04.34
2.	Harry Driessen M50	1.01.43
3.	Frank Nijholt M40	1.09.42
4.	Ad van Kempen M60	1.10.24
5.	Maurice Kohlen M45	1.12.08
6.	Hans Meijer M50	1.13.03
7.	Mathieu Houben M40	1.13.34
8.	Toine Hensgens M60	1.25.12
20 Km.		
1.	Bert Vanwersch M40	1.27.06
Halve Marathon.		
1	Bert Vanwersch M40	1.16.59
2	Maurice Quaedvlieg	1.19.34
3	Francesco FrankenhuisenM50	1.26.28
4	John Reynen M35	1.26.54
5	Klaus Krolzig M45	1.28.37
6	Ad van Kempen M55	1.29.27
7	Jos Muyen M45	1.32.57
8	Paul Eymael M45	1.33.55
9	Mathieu Houben M40	1.34.06
10	Maurice Kohlen M45	1.34.26
11	Klaus Krolzig M50	1.34.59
12	Huub trompetter M50	1.37.47
13	Jan Muyrers M60	1.38.30
14	Hans Meijer M50	1.39.36
15	Ruud de Vries M45	1.39.39
16	Richard Vulkers M40	1.40.45
17	Nathal v.d. Meulen M40	1.46.43
18	Theo Schroyen M40	1.47.33
19	Marc Scheeren M40	1.50.19
20	Fred Kroon M50	1.50.28
21	Hans Hartman M55	1.52.05
22	Toine Hensgens M60	1.52.08
23	Maurice Bouwers M35	1.52.45
24	Arno Last M65	2.08.07
25	Wim Herberichs M60	2.21.05
30 Km.		
1.	Bert Vanwersch M40	1.53.20
2.	John Reynen M40	1.58.57
3.	Maurice Ruwette M35	2.02.00
4.	Ivo Vermeeren M40	2.06.50
5.	Senbet Eyob Sen	2.07.32
6.	Paul Eymael M50	2.19.32
7.	Maurice Kohlen M45	2.19.37
Marathon.		
1.	Bert Vanwersch M40	2.40.33
2.	Maurice Quaedvlieg M45	2.58.49
3.	Maurice Ruwette M35	2.59.21
4.	Ivo Vermeeren M40	2.59.26
5.	Harry Kamphuis M45	3.07.22
6.	Francesco FrankenhuyzenM50	3.14.34

7.	Klaus Krolzig M45	3.18.48
8.	Maurice Kohlen M40	3.26.17
9.	Paul Eymael M50	3.26.26
10.	Ad van Kempen M55	3.31.45
11.	Mathieu Houben M40	3.35.23
12.	Klaus Krolzig M50	3.35.56
13.	Ruud de Vries M45	3.37.43
14.	Nathal vd Meulen M40	3.41.29
15.	Cor Vaessen M60	3.58.10
16.	Hans Meyer M50	4.05.05
17.	Hans Hartman M55	4.05.35
18.	Theo Schroijsen M45	4.10.29
110mtr horden.		
1.	Frans Boumans	15.32
400 mtr horden.		
1.	Lennert Elands	64.23
3000 meter steeple.		
1.	Fabian Fiege	9.57.96
2.	Harry Kamphuis M45	12.16.10
Verspringen.		
1.	Eugene Martineau	6.94
2.	Frans Boumans	6.83
3.	Friedel Horndt M40	5.02
4.	Lars Curfs	4.87
Hoogspringen.		
1.	Tim Riedl	2.10
2.	Eugene Martineau	1.95
3.	Frans Boumans	1.85
Polstokhoog.		
1.	Eugene Martineau	4.30
Hinkstapsprong		
1.	Tim Riedl	14.80
Kogelstoten.		
1.	Tom Corstjens Sen	17.63
2.	Arjan Dekker Sen	14.16
3.	Eugene Martineau Sen	13.54
4.	Friedel Horndt M40	8.18
5.	Lars Curfs Sen	5.30
Discuswerpen.		
1.	Etienne Orbons JoA 6kg	15.16
2.	Glenn Gentle M55 6kg	11.19
3.	Nick Rademakers JoA	10.46
4.	Cas Schmeitz JoA	7.61
Discuswerpen.		
1.	Tom Corstjens Sen.	51.88
2.	Eugene Martineau Sen.	44.93
3.	Etienne Orbons JunA 2kg	42.19

4.	Arjan Dekker Sen	31.37
5.	Glenn Gentle M55 2kg	30.02
1.	Etienne Orbons JoA 1.75kg	45.66
2.	Nick Rademakers JoA	33.24
3.	Cas Schmeits JoA	20.35
1.	Glenn Gentle M55 1.5kg	36.32
Speerwerpen.		
1.	Pascal Stitzinger	63.70
2.	Eugene Martineau	62.01
3.	Glenn Gentle M55 800gr	37.64
4.	Friedl Horndt M45	23.26
1.	Glenn Gentle M55 700gr.	43.49
Kogelslingeren.		
1.	Swen Linden M40	49.38
1.	Nick Rademakers JoA 6kg	40.27
2.	Cas Schmeitz JoA 6kg	15.27
Jongens C.		
100 meter.		
1.	Laurens Franssen	13.34
2.	Deyan Vaessen	13.65
3.	Bas Noteborn	14.09
4.	Ruben Franssen	14.68
5.	Maximilian Stetzkowsky	15.00
6.	Julian Stetzkowsky JoD	15.23
800 meter.		
1.	Laurens Franssen	2.23.02
2.	Bas Noteborn	2.48.90
3.	Maximilian Stetzkowski	3.38.13
1000 meter.		
1.	Laurens Franssen	3.22.27
100 mtr hrd.		
1.	Maximilian Stetzkowsky	18.27
Verspringen.		
1.	Deyan Vaessen	5.01
2.	Laurens Franssen	4.63
3.	Bas Noteborn	4.48
4.	Maximilian Stetzkowski	4.01
5.	Ruben Franssen	3.82
Hoogspringen.		
1.	Deyan Vaessen	1.55
Kogelstoten.		
1.	Bas Noteborn	10.55
2.	Laurens Franssen	8.96
3.	Ruben Franssen	8.33
4.	Maximilian Stetzkowski	7.41
Discuswerpen.		
1.	Julian Stetzkowsky D	18.67
Speerwerpen.		
1.	Maximilian Stetzkowsky	35.39

2.	Julian Stetzkowsky JoD	27.60
3.	Bas Noteborn	18.55
Jongens D.		
80 meter.		
1.	Luc Vilain	11.99
2.	Julian Stetzkowsky	12.21
3.	Lars Delnoye	12.48
4.	Colin Senden	12.90
5.	Stef Deur	14.28
600 meter.		
1.	Luc Vilain	1.58.23
2.	Colin Senden	2.03.10
3.	Julian Stetzkowsky	2.13.26
1000 meter.		
1.	Luc Vilain	3.27.66
2.	Julian Stetzkowski	3.59.44
Verspringen.		
1.	Luc Vilain	3.94
2.	Julian Stetzkowsky	3.92
3.	Colin Senden	3.77
4.	Lars Delnoye	3.52
5.	Stef van Deur	2.55
Hoogspringen.		
1.	Julian Stetzkowsky	1.35
2.	Lars Delnoye	1.10
3.	Stef van Deur	1.05
Kogelstoten.		
1.	Julian Stetzkowsky	7.97
2.	Colin Senden	6.56
3.	Luc Vilain	5.99
Discuswerpen.		
1.	Julian Stetzkowsky	21.46
Speerwerpen.		
1.	Julian Stetzkowski	28.81
2.	Colin Senden	25.64
3.	Luc Vilain	15.34
Pupillen Jongens A.		
60 meter.		
1.	Sam Nijland	10.31
2.	Diego Vankan	10.61
3.	Bart Spons	10.68
4.	Pelle Leclair	10.97
5.	Julian de Wolde	11.37
1000 meter.		
1.	Sam Nijland	3.52.30
2.	Bart Spons	3.57.90
3.	Diego Vankan	4.22.15
4.	Pelle Leclair	4.32.27
5.	Julian de Wolde	5.02.80
Verspringen.		
1.	Sam Nijland	3.13
2.	Diego Vankan	3.09
3.	Bart Spons	3.08
4.	Julian de Wolde	2.84

5.	Pelle Leclair	2.69
Hoogspringen.		
1.	Diego Vankan	1.05
2.	Pelle Lwclair	1.05
3.	Sam Nijland	1.00
4.	Bart Spons	0.95
5.	Julian de Wolde	0.85
Kogelstoten.		
1.	Pelle Leclair	6.00
2.	Diego Vankan	5.56
3.	Bart Spons	3.94
4.	Sam Nijland	3.92
5.	Julian de Wolde	3.69
Balwerpen.		
1.	Pelle Leclair	20.88
2.	Bart Spons	16.48
3.	Julian van Wolde	9.90
Pupillen Jongens B.		
40 meter.		
1.	Attila Cubeddu	7.39
2.	Sander Lanthers	7.46
3.	Thijs vd Bent	8.43
4.	Luuk Pasmans	8.53
1000 meter.		
1.	Sander Lanthers	4.03.00
2.	Luuk Pasmans	4.23.54
3.	Attila Cubeddu	4.30.00
4.	Thijs vd Bent	4.37.66
Verspringen.		
1.	Attila Cubeddu	3.31
2.	Sander Lanthers	3.10
3.	Thijs vd Bent	2.39
4.	Luuk Pasmans	2.17
Hoogspringen.		
Kogelstoten.		
Balwerpen.		
1.	Sander Lanthers	26.77
2.	Attila Cubeddu	25.06
3.	Thijs vd Bent	13.39
4.	Luuk Pasmans	11.53
Pupillen Jongens C.		
40 meter.		
1.	Quinten van Ommen	6.77
2.	Luc Franck	7.53
3.	Bart Scholtes	7.61
4.	Attila Cubeddi	7.67
5.	Laurenz Feierabend	7.83
6.	Ruben Deguelle	7.93
7.	Noah de Faber	8.00
8.	Lukas Koolen	8.33
9.	Stijn van Deur	8.53
10.	Luuk Gartman	8.59

11.	Daan Lanters	9.35
12.	Tom Ramakers	9.75
600 meter.		
1.	Quinten van Ommen	2.12.05
2.	Luc Franck	2.25.42
3.	Ruben Deguelle	2.27.95
4.	Bart Scholtes	2.32.00
5.	Luuk Gartman	2.33.60
6.	Laurenz Feierabend	2.34.60
7.	Stijn van Deur	2.51.20
8.	Daan Lanters	1.54.44
Verspringen.		
1.	Quinten van Ommen	3.87
2.	Ruben Deguelle	2.96
3.	Attilia Cubeddi	2.80
4.	Laurens Feierabend	2.74
5.	Luc Franck	2.71
6.	Noah de Faber	2.50
7.	Bart Scholtes	2.46
8.	Stijn van Deur	2.42
9.	Tom Ramakers	2.12
10.	Daan Lanters	1.95
11.	Lucas Koolen	1.65
Hoogspringen.		
Kogelstoten.		
Balwerpen.		
1.	Luc Franck	23.16
2.	Quinten van Ommen	19.55
3.	Attila Cubeddi	18.91
4.	Laurens Feierabend	18.14
5.	Ruben Deguelle	14.81
6.	Stijn van Deur	13.73
7.	Daan Lanters	11.84
8.	Lucas Koolen	11.47
9.	Luuk Gartman	11.36
10.	Noah de Faber	11.34
11.	Bart Scholtes	11.24
12.	Tom Ramakers	7.40
Vrouwen. Meisjes AB		
100 meter.		
1.	Roan Stijns MeiA	13.02
2.	Maud Wetzels Sen	13.50
3.	Daniella Michiels	13.75
4.	Ciska Wouters Sen	13.76
5.	Leonie Haasler MeiA	14.32
6.	Bianca Sluis V35	15.52
7.	Carola Baburek V35	15.60
200 meter.		
1.	Roan Stijns MeiA	26.52
2.	Maud Wetzels Sen	28.24
3.	Daniella Michiels Sen	29.04

4.	Leonie Haasler MeiA	30.19
5.	Bianca Sluis V35	31.73
6.	Melanie Vermeulen Sen	32.10
7.	Francien Den Teuling Sen	32.45
8.	Carola Baburek V35	32.68
9.	Marion van Ommen V40	34.18
10.	Astrid Pleijers V35	36.87
11.	Sibilla Eymael V45	36.90
12.	Chantal Brock V40	39.42
400 meter.		
1.	Roan Stijns MeiA	61.58
2.	Elli Frank MeiA	62.31
3.	Ciska Wouters Sen	69.62
800 meter.		
1.	Elli Frank MeiA	2.23.26
2.	Roan Stijns MeiA	2.26.90
3.	Ellis Burgers V40	2.55.43
4.	Bianca Sluis V45	2.57.18
1500 meter.		
1.	Elli Frank MeiA	4.48.58
3000 meter.		
1.	Elli Frank MeiA	10.54.82
2.	Melanie Vermeulen Sen	12.23.10
3.	Sibilla Eymael V45	12.29.30
4.	Marion van Ommen V40	12.41.39
5.	Michaela Lambertz Sen	12.55.92
6.	Ellis Burgers V40	13.43.60
7.	Francien Den Teuling Sen	14.05.80
8.	Astrid Visschers	14.20.06
9.	Sandra Florie	14.21.81
10.	Astrid Pleyers V35	14.33.96
11.	Anita vd Waal	14.46.42
12.	Carola Baburek V35	15.26.31
13.	Bianca Skluis V35	15.27.32
14.	Xandra Vaessen	16.58.27
15.	Chantal Brock V40	17.29.60
5000meter.		
1	Marjon van Ommen V40	22.39.80
10 Km Vrouwen Weg		
	Sibilla Eymael V45	45.05
	Marjon van Ommen V40	45.28
	Melanie Vermeulen	46.49
	Jose van Beek V45	51.37
	Marianne Bartels V45	52.39
	Jacqueline Jorissen V40	55.07
	Nel Lurken V50	55.57
15 Km		
1.	Sibilla Eymael V45	1.13.59

10 Engelse Mijl.		
1.	Marianne Bartels V45	1.27.43
2.	Jose van Beek V45	1.29.40
3.	Christa Hartman	1.32.05
Halve Marathon.		
1.	Sibilla Eymael V45	1.38.29
2.	Jose van Beek V45	1.52.30
3.	Beate Jaerlstad V55	2.13.50
Marathon.		
1.	Sibilla Eymael V45	3.38.21
2.	Aimee Brull V35	3.47.11
3.	Sandra Douven V35	3.55.40
100 meter horden.		
1.	Maud Wetzels	18.73
2.	Silvia Hulzebosch	20.60
Verspringen.		
1.	Maud Wetzels	4.69
2.	Ellis Burgers V40	3.05
Hoogspringen.		
1.	Saskia Triesscheijn	1.75
2.	Silvia Hulzebosch	1.30
3.	Daniella Michiels	1.30
Kogelstoten.		
1.	Michaela Lambertz	10.00
2.	Silvia Hulzebosch	7.78
3.	Carola Baburek V35	7.46
4.	Bianca Sluis V45	7.41
5.	Jenny Schreurs MeiB	6.00
Discuswerpen.		
1.	Bianca Sluis V45	19.80
2.	Francien Den Teuling	17.99
3.	Jenny Schreurs MeiB	13.78
Speerwerpen.		
1.	Silvia Hulzebosch	24.08
2.	Jenny Schreurs MeiB	17.19
Meisjes C.		
80 meter.		
1.	Lotte Bodelier	11.54
2.	Karlijn Demers	11.69
3.	Mireille Merten	12.35
4.	Liz Hochstenbach	12.57
100 meter.		
1.	Lotte Bodelier	14.15
1000 meter.		
1.	Lotte Bodelier	3.27.04

80 mtr horden.		
1.	Lotte Bodelier	13.97
Verspringen.		
1.	Mireille Mertens	3.93
2.	Lotte Bodelier	3.91
Hoogspringen.		
1.	Lotte Bodelier	1.50
2.	Lena Ploger	1.35
Kogelstoten.		
1.	Lotte Bodelier	11.13
Discuswerpen.		
1.	Karlijn Demers	16.80
Speerwerpen.		
1.	Liz Hochstebach	17.87
2.	Karlijn Demers	14.88
Meisjes D.		
60 meter.		
1.	Laura Andriolo	9.24
2.	Mijke Wassenberg	9.68
3.	Mireille Merten	9.72
4.	Kiki Rompen	9.81
1000 meter.		
1.	Lynn Vogely	3.55.73
2.	Mijke Wassenberg	4.08.74
Verspringen.		
1.	Mijke Wassenberg	3.47
2.	Lynn Vogely	3.37
3.	Lieke Lipsch	3.13
4.	Maaike Merten	2.97
Hoogspringen.		
1.	Edda Benders	1.10
2.	Mijke Wassenberg	1.10
3.	Lynn Vogely	1.10
Kogelstoten.		
1.	Laura Andriolo	6.25
2.	Lynn Vogely	4.39
Pupillen Meisjes A.		
60 meter.		
1.	Sismee Tiggeloven	8.93
2.	Veerle v.d. Meulen	10.15
3.	Lieke Severens	10.32
4.	Ivy Kockelkorn	10.55
5.	Sylvana de Boer	10.65
6.	Anna-Moon Crutzen	10.95

7.	Senna Cubeddi	11.06
8.	Danae Andriolo	11.67
9.	Sanne Andriolo	11.77
1000 meter.		
1.	Sismee Tiggeloven	3.57.10
2.	Veerle vd Meulen	4.01.49
3.	Ivy Kockelkorn	4.28.71
4.	Senna Cubeddu	4.37.55
Verspringen.		
1.	Sismee Tiggeloven	4.12
2.	Senna Cubeddi	3.54
3.	Veerle v.d. Meulen	3.52
4.	Lieke Severens	3.36
5.	Ivy Kockelkorn	3.30
6.	Anna-Moon Crutzen	3.12
7.	Sylvana de Boer	2.89
8.	Lieke Severens	2.85
9.	Sanne Andriolo	2.50
10.	Danae Andriolo	2.19
Hoogspringen.		
1.	Sismee Tiggeloven	1.35
2.	Veerle van der Meulen	1.15
3.	Lieke Severens	1.00
4.	Sylvia Boer	1.00
5.	Ivy Kockelkorn	1.00
6.	Anna-Moon	0.95
7.	Senna Cubeddi	0.95
8.	Sanne Andriolo	0.90
9.	Danae Andriolo	0.70
Kogelstoten.		
1.	Sismee Tiggeloven	6.76
2.	Veerle v.d.Meulen	6.28
3.	Anna-Moon Crutzen	5.27
4.	Senna Cubeddi	4.96
5.	Ivy Kockelkorn	4.95
6.	Lieke Severens	4.83
7.	Sanne Andriolo	3.78
8.	Danae Andriolo	3.17
9.	Sylvia Boer	3.08
Balwerpen.		
1.	Sismee Tiggeloven	24.41
2.	Veerle van der Meulen	22.36
3.	Ivy Kockelkorn	16.21
4.	Senna Cubeddu	14.99
5.	Sylvana de Boer	12.87
Pupillen Meisjes B.		
40 meter.		
1.	Kimberley Wijngaarden	7.20
2.	Emma Wassenberg	7.40
3.	Elina Feierabend	7.91

4.	Lisa Dekker	8.10
5.	Sanne Dekker	8.20
1000 meter.		
1.	Emma Wassenberg	4.07.09
2.	Renske Kleynen PMC	4.20.35
3.	Lisa Dekker	4.26.07
4.	Sanne Dekker	4.39.90
Verspringen.		
1.	Emma Wassenberg	3.07
2.	Elina Feierabend	2.75
3.	Kimberley Wijngaarden	2.65
4.	Lisa Dekker	2.51
5.	Sanne Dekker	2.40
Balwerpen.		
1.	Elina Feierabend	15.70
2.	Emma Wassenberg	14.44
3.	Kimberley Wijngaarden	13.31
4.	Lisa Dekker	9.99
5.	Sanne Dekker	9.63
Pupillen Meisjes C.		
40 meter.		
1.	Renske Kleijnen	7.58
2.	Lotte vd Bent	8.08
3.	Carlijn Mols	8.30
4.	Donna Vanweersch	8.49
5.	Lynn Peltzer	8.74
600 meter.		
1.	Renske Kleijnen	2.18.40
2.	Lotte vd Bent	2.23.88
3.	Carlijn Mols	2.37.98
Verspringen.		
1.	Renske Kleijnen	2.61
2.	Lotte vd Bent	2.58
3.	Donna Vanweersch	2.35
4.	Carlijn Mols	2.16
5.	Lynn Peltzer	2.12
Balwerpen.		
1.	Lotte vd Bent	16.07
2.	Carlijn Mols	9.47
3.	Renske Kleijnen	9.01
4.	Donna Vanweersch	8.84
5.	Lynn Peltzer	7.02