

## **Valkenloop 10-11-2013 Valkenswaard**

### **1/2 marathon**

|   |                   |         |
|---|-------------------|---------|
| 6 | Ad van Kempen M55 | 1.31.25 |
|---|-------------------|---------|

## **Warandeloop 23-11-2013 Tilburg**

### **NK cross/ nationale jeugdcrossdag**

#### **1/2 marathon**

|    |               |         |
|----|---------------|---------|
| 22 | Ad van Kempen | 1.32.02 |
|----|---------------|---------|

#### **1200 m.**

|    |                           |      |
|----|---------------------------|------|
| 6  | Carlijn Mols MPA-1e jaars | 4.32 |
| 18 | Maureen Mols MPB          | 5.20 |

## **EII 24-11**

### **7,5 km.**

|   |                   |       |
|---|-------------------|-------|
| 7 | Nathalie Nijsters | 41.13 |
|---|-------------------|-------|

### **1/2 marathon**

|    |                   |         |
|----|-------------------|---------|
| 2  | Hans Smeets M65   | 1.29.05 |
| 17 | Hjohn Vreuls M45  | 1.37.07 |
| 4  | Henk Thielens M55 | 1.37.59 |
| 3  | Jan Muijrsers M65 | 1.38.04 |

### **Nagekomen uitslag:**

## **Gillrather volkslauf Geilenkirchen 13-10**

### **10 km.**

|   |                  |       |
|---|------------------|-------|
| 3 | Bianca Sluis D40 | 59.34 |
|---|------------------|-------|

### **1/2 marathon**

|   |                    |         |
|---|--------------------|---------|
| 6 | John Schoeters M45 | 1.46.25 |
|---|--------------------|---------|