

## Uitslagen Mei 2015

### Competitie mannen 3e divisie

#### Kerkrade 3 Mei

|                        |         |  |
|------------------------|---------|--|
| <b>100 m.</b>          |         |  |
| 2 Christian Zick       | 11.26   |  |
| <b>200 m.</b>          |         |  |
| 2 Christian Zick       | 23.00   |  |
| 4 Kai-Niklas Puspas JB | 23.83   |  |
| <b>400 m.</b>          |         |  |
| 1 Maxim Berliant JA    | 51.17   |  |
| <b>400 m. horden</b>   |         |  |
| 8 Lennert Elands M35   | 1.05.55 |  |
| <b>discus</b>          |         |  |
| 7 Lennert Elands M35   | 25.05   |  |
| <b>kogel</b>           |         |  |
| 8 Maxim Berliant JA    | 9.12    |  |
| <b>ver</b>             |         |  |
| 2 Kai-Niklas Puspas JB | 5.92    |  |
| 1 <b>4x100 m.</b>      | 45.34   |  |

**4862 punten**

**10750 punten na 2 wedstrijden**

**landelijk 41e plaats**

### Competitie Junioren B

#### Venray 10 Mei

#### Meisjes B

|                            |         |            |
|----------------------------|---------|------------|
| <b>100 m.</b>              |         |            |
| 18 Melissa Uranka MC       | 14.22   |            |
| <b>100 m. horden</b>       |         |            |
| 4 Veerle van der Meulen MC | 15.77   | Clubrecord |
| <b>400 m.</b>              |         |            |
| 5 Isabel Andriessen        | 1.01.42 |            |
| <b>800 m.</b>              |         |            |
| 16 Faye Huntjens           | 2.54.01 |            |
| <b>discus</b>              |         |            |
| 1 Veerle van der Meulen MC | 35.78   |            |
| <b>hoogspringen</b>        |         |            |
| 19 Myrthe Hamers MC        | 1.30    |            |
| <b>verspringen</b>         |         |            |
| 13 Isabel Andriessen       | 4.44    |            |
| <b>kogelstoten</b>         |         |            |
| 3 Veerle van der Meulen MC | 10.81   |            |
| <b>speerwerpen</b>         |         |            |
| 15 Faye Huntjens           | 21.13   |            |
| 1 <b>4x 100 m.</b>         | 55.11   |            |

**5610 punten**

**Landelijk 29e plaats**

### Harry Schulting games Vught 14 mei

#### kogel

|                 |       |
|-----------------|-------|
| 1 Tom Corstjens | 16.88 |
|-----------------|-------|

### De loop van Leidsche Rijn

#### Vleuten 14 mei

**21 km**

13 Ad van Kempen M60 1.32.54

### ZLBC AVON Heerlen 16 mei

**100m JC**  
1 Jelle Schurer 13.19  
**ver JC**  
2 Jelle Schurer 4.86  
**80m JD**  
1 Sylvio Mulders 11.3  
**1000m JD**  
3 Sylvio Mulders 3.28.23  
**Discus JD**  
1 Matthijs van der Meulen 25.01  
**200m MB**  
2 Isabel Andriessen 28.2  
6 Myrthe Hamers (MC) 29.18  
9 Melissa Uranka (MC) 29.49  
**Discus MB**  
2 Veerle van der Meulen (MC) 35.6  
**80m MC**  
8 Lily Wigglesworth 11.76  
**Discus MC**  
1 Veerle van der Meulen 35.57  
**ver MC**  
3 Lily Wigglesworth 4.41  
**60m MD**  
1 Lisa Moulen 8.78  
**Hoog MD**  
1 Anke Mols 1.35  
**Kogel MD**  
4 Anke Mols 7.27  
**Ver MD**  
4 Lisa Moulen 4.04  
**1000m MD**  
1 Fleur Hamers 3.32.73

### Vestingloop Den Bosch 17 Mei

15 km.

5 Ad van Kempen M60 1.05.34

### Competitie Masters Mannen

#### Kerkrade 17 mei

**100 m.**  
Lennert Elands M35 12.66  
Glenn Gentle M60 14.01  
**400 m.**  
Hans Smeets M65 1.06.48  
**800 m.**  
Stefan van Neerven M35 2.16.85  
**1500 m.**  
Hans Smeets M65 4.49.99  
**5000 m.**  
Jan Schneider M35 16.34.33  
Harry Kamphuis M50 19.15.91  
**Verspringen**  
Lennert Elands M35 4.78  
Wim Smit M55 4.36  
**Hoogspringen**  
Wim Smit M55 1.50 clubrecord  
**Discus**

|                           |         |
|---------------------------|---------|
| Glenn Gentle M60          | 32.87   |
| <b>Kogelstoten</b>        |         |
| Stefan van Neerven M35    | 8.11    |
| <b>Speerwerpen</b>        |         |
| Glenn Gentle M60          | 39.04   |
| <b>Zweedse estafette</b>  |         |
| Lennert, Jan, Wim, Stefan | 2.27.22 |

#### Landelijk 5e plaats na 1 wedstrijd met 6955 punten

#### Athletic champs Sittard 17 mei

| <b>Pupillen A</b>  | <b>60m</b> | <b>60m H</b> | <b>6 min.</b> | <b>slingeren</b> | <b>ver</b> | <b>vortex</b> | <b>ptn</b> |
|--------------------|------------|--------------|---------------|------------------|------------|---------------|------------|
| Carlijn Mols       | 9.4        | 10.9         | 1550          | 17.5             | 3.7        | 18            | 446        |
| Lucas Koolen       | 10.1       | 10.8         | 1275          | 18.5             | 3.3        | 25.5          | 358        |
| Jente Hofman       | 10.7       | 11.5         | 1300          | 14.5             | 3          | 15.5          | 319        |
| Luna Bodelier      | 10.4       | 12           | 1375          | 11               | 3.1        | 17            | 317        |
| Floortje Eijkmans  | 11.5       | 12.2         | 1275          | 14               | 2.65       | 19            | 287        |
| Luca Broers        | 11         | 12.4         | 1325          | 14               | 2.9        | 18.5          | 265        |
| Maureen Mols       | 11.3       | 12.5         | 1275          | 12               | 2.85       | 10.5          | 251        |
| Mylan Ligter       | 11.1       | 12.6         | 1275          | 11.5             | 2.65       | 14            | 223        |
| Peter Smeets       | 11.2       | 12.4         | 1325          | 11.5             | 2.45       | 12            | 217        |
| Martine Herberichs | 11         | 12.8         | 1225          | 8                | 2.25       | 11.5          | 212        |

| <b>Pupillen B/C</b> | <b>hoog</b> | <b>medicinbal</b> | <b>4 min</b> | <b>ver</b> | <b>vortex</b> | <b>ptn</b> |
|---------------------|-------------|-------------------|--------------|------------|---------------|------------|
| Stijn Pelzer mini   | 0.9         | 4.6               | 900          | 2.75       | 11.5          | 361        |
| Luca Bodelier mini  | 0.85        | 3.1               | 850          | 2.45       | 10            | 282        |
| Mila Quaden mini    | 0.9         | 3                 | 700          | 2.3        | 6             | 253        |
| Merijn Bond C       | 0.9         | 3.7               | 875          | 2.7        | 11            | 247        |
| Dewi van Hulten C   | 0.8         | 3.3               | 800          | 2.55       | 10.5          | 239        |
| Max Hofman C        | 0.85        | 4.3               | 875          | 2.3        | 10            | 230        |
| Roman Koolen B      | 0.85        | 5.7               | 750          | 2.5        | 13            | 210        |
| Eva Eijkenboom B    | 0.9         | 3.4               | 775          | 2.25       | 9.5           | 183        |

#### Heidelooop Landgraaf 17 mei

##### 10 Engelse Mijl

|                              |         |
|------------------------------|---------|
| 1 John Reijnen M45           | 1.00.54 |
| 13 Leon Jaminon M40          | 1.19.31 |
| 14 Nathal van der Meulen M45 | 1.20.59 |
| 16 Richard Vulkers M45       | 1.22.06 |
| 2 Chantal Brock V45          | 1.25.36 |
| 20 Maurice Kohlen M45        | 1.31.34 |

##### 5 Engelse Mijl

|                    |       |
|--------------------|-------|
| 2 Natalie Roos V35 | 40.36 |
|--------------------|-------|

##### 5 km

|                            |       |
|----------------------------|-------|
| 24 John Paulssen M50       | 22.48 |
| 3 Annelies Kamphuis V50    | 24.16 |
| 38 Hugo Meurers M50        | 24.18 |
| 42 Ralph Cuppers M50       | 24.48 |
| 49 Harrie Theeuwen M55     | 26.06 |
| 11 Nicole Herberichs V40   | 26.52 |
| 12 Daphne Rober V40        | 27.02 |
| 53 Gerard van den Boom M65 | 27.13 |
| 15 Marieke Erkens V35      | 27.40 |
| 16 Hedwig Kunkels V55      | 27.56 |
| 19 Roelie Kortis V60       | 28.20 |
| 20 Astrid Scholler V45     | 28.21 |
| 22 Els Nijskens V60        | 28.32 |
| 40 Monique Dill V50        | 31.00 |

|                           |       |
|---------------------------|-------|
| 42 Wilma Janssen V50      | 31.35 |
| 74 Karel Toussaint M60/65 | 31.51 |
| 78 M. Smeets M45          | 34.12 |
| 79 Erik Bertram M40/45    | 34.18 |

### Scholieren atletiek Parkstad kerkrade, 20 Mei

| Middelbare scholieren    | 80 m. | verspringen | hoogspringen | kogelstoten (3 kg.) |
|--------------------------|-------|-------------|--------------|---------------------|
| 1 Anke Mols MD           | 11.78 | 3.70        | 1.45         | 6.60                |
| 2 Melissa Uranka MC      | 11.62 | 4.10        | 1.15         | 8.47                |
| 10 Fabiël Wijnhoven JC   | 11.84 | 3.36        | 1.25         | 9.53                |
| 4 Minke Bisschops MD     | 11.13 | 4.20        | 0.80         | 5.95                |
| Basischolieren           | 60 m. | verspringen | hoogspringen | balwerpen           |
| 40 Esper van Neerven JPA | 12.14 | 1.88        | 0.80         | 15.60               |

### Meerkamp Lanaken (B) 23 Mei

#### Juniores D jongens

|                         |          |
|-------------------------|----------|
| <b>10 Kevin Smaling</b> |          |
| 8 80 m.                 | 12.28 s. |
| 4 verspringen           | 3.92 m.  |
| 3 speerwerpen (400 gr.) | 18.94 m. |
| 10 kogelstoten (3 kg.)  | 5.34 m.  |
| 17 1000 m.              | 4.24.31  |

#### Pupillen jongens A

|                        |          |
|------------------------|----------|
| <b>13 Lasse Maas</b>   |          |
| 14 60 m.               | 10.25 s. |
| 12 hoogspringen        | 1.00 m.  |
| 17 kogelstoten (2 kg.) | 4.49 m.  |
| 13 1000 m.             | 4.06.50  |
| <b>16 Luca Broers</b>  |          |
| 23 60 m.               | 10.93 s. |
| 12 hoogspringen        | 1.00 m.  |
| 10 kogelstoten (2 kg.) | 5.64 m.  |
| 16 1000 m.             | 4.19.89  |

#### Pupillen Meisjes A

|                        |          |
|------------------------|----------|
| <b>3 Carlijn Mols</b>  |          |
| 4 60 m.                | 9.63 s.  |
| 3 verspringen          | 3.78 m.  |
| 3 kogelstoten (2 kg.)  | 7.49 m.  |
| 3 1000 m.              | 3.40.60  |
| <b>13 Maureen Mols</b> |          |
| 16 60 m.               | 11.20 s. |
| 13 verspringen         | 2.90 m.  |
| 11 kogelstoten (2 kg.) | 5.02 m.  |
| 13 1000 m.             | 4.09.70  |

### Competitie CD junioren Someren 30 Mei

#### Jongens D

##### 1000m

|                   |         |
|-------------------|---------|
| 6 Silvio Mulders  | 3.27.84 |
| 12 Jesper Florie  | 3.40.14 |
| 20 Sam Eijkenboom | 4.11.02 |

##### 80m

|                     |       |
|---------------------|-------|
| 1 Quinten van Ommen | 10.75 |
| 2 Silvio Mulders    | 11.17 |
| 20 Sam Eijkenboom   | 13.00 |

**80mH**

|                  |       |
|------------------|-------|
| 2 Luc Franck     | 14.24 |
| 12 Jesper Florie | 17.23 |
| 14 Kevin Smaling | 17.35 |

**Discus**

|                           |       |
|---------------------------|-------|
| 1 Matthijs van der Meulen | 25.87 |
| 7 Marwan Krausse          | 15.28 |

**Hoog**

|                 |      |
|-----------------|------|
| 2 Luc Franck    | 1.40 |
| 8 Jesper Florie | 1.15 |

**kogel**

|                           |      |
|---------------------------|------|
| 3 Matthijs van der Meulen | 7.53 |
| 7 Marwan Krausse          | 6.48 |

**speer**

|                   |       |
|-------------------|-------|
| 8 Kevin Smaling   | 20.55 |
| 11 Marwan Krausse | 17.42 |

**ver**

|                     |      |
|---------------------|------|
| 1 Quinten van Ommen | 4.44 |
| 11 Sam Eijkenboom   | 3.07 |

**estafette**

|                               |       |
|-------------------------------|-------|
| 1 Silvio, Kevin, Luc, Quinten | 43.79 |
|-------------------------------|-------|

totaal: 1e 5657 punten  
poulestand: 2e  
landelijk 39e van 181

**Meisjes D****1000m**

|                     |         |
|---------------------|---------|
| 1 Fleur Hamers      | 3.35.33 |
| 19 Britney Eijkmans | 4.21.75 |

**60m**

|                   |       |
|-------------------|-------|
| 1 Minke Bisschops | 8.43  |
| 25 Eva Kaaki      | 10.21 |

**60mH**

|                 |       |
|-----------------|-------|
| 9 Eva Kaaki     | 12.91 |
| 10 Fleur Hamers | 12.98 |

**Discus**

|              |       |
|--------------|-------|
| 3 Anke Mols  | 22.20 |
| 9 Orly Meens | 16.32 |

**Hoog**

|             |      |
|-------------|------|
| 2 Anke Mols | 1.35 |
|-------------|------|

**Kogel**

|                         |      |
|-------------------------|------|
| 11 Eva Kaaki            | 6.87 |
| 17 Rianne van den Enden | 5.96 |

**Speer**

|                         |      |
|-------------------------|------|
| 14 Rianne van den Enden | 8.34 |
|-------------------------|------|

**Ver**

|                     |      |
|---------------------|------|
| 11 Orly Meens       | 3.66 |
| 16 Britney Eijkmans | 3.26 |

**estafette**

|                            |       |
|----------------------------|-------|
| 2 Anke, Orly, Fleur, Minke | 34.17 |
|----------------------------|-------|

totaal 4e 4465 punten  
poulestand: 1e  
landelijk 41e van 188

**Meisjes C****1000m**

|                     |         |
|---------------------|---------|
| 14 Myrthe Hamers    | 3.39.77 |
| 16 Annique Damen    | 3.48.33 |
| 20 Elina Feierabend | 4.05.50 |

|                                  |             |
|----------------------------------|-------------|
| <b>80m</b>                       |             |
| 11 Lieke Severens                | 11.53       |
| 14 Melissa Uranka                | 11.62       |
| 24 Sterre Zambon                 | 12.31       |
| <b>80mH</b>                      |             |
| 16 Elina Feierabend              | 16.89       |
| 17 Melissa Uranka                | 17.16       |
| <b>Discus</b>                    |             |
| 3 Sanne Dekker                   | 21.08       |
| <b>Hoog</b>                      |             |
| 9 Myrthe Hamers                  | 1.30        |
| 18 Annique Damen                 | 1.15        |
| <b>kogel</b>                     |             |
| 9 Lisa Dekker                    | 6.89        |
| 16 Sterre Zambon                 | 5.93        |
| <b>Speer</b>                     |             |
| 11 Lisa Dekker                   | 14.28       |
| 12 Sanne Dekker                  | 14.07       |
| <b>ver</b>                       |             |
| 2 Lieke Severens                 | 4.37        |
| <b>estafette</b>                 |             |
| 5 Myrthe, Sterre, Melissa, Lieke | 44.74       |
| totaal 5e                        | 4775 punten |
| poulestand: 4e                   |             |
| Landelijk 42e van 151            |             |